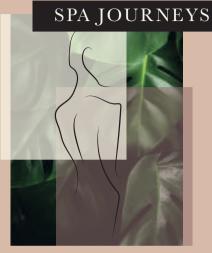


RADISSON BLU HOTEL, 10TH FLOOF RIVONIA ROAD & DAISY STREET SANDTON, 2196 We've combined modern technology with ancient healing wisdom from around the world, to create our own signature treatment menu. Introducing:



### JOURNEY FOR TWO 120min | R1800 per person

An African couples' journey for a memorable unifying experience. Melt away the stresses with this complete head to toe treatment, using natural botanical mood enhancing essential oils individualized to each person. The journey begins with a relaxing stimulating full body skin renewal exfoliation with e a session in the Rasul. Follow this exfoliation with a moisture-infusing full body massage using one of our aromatherapy shea balms.

### ROMANTIC ESCAPE

half day | R2920 per person
This package includes the following:
Vichy Shower Therapy
Theranaka candle massage
Theranaka Facial
Body Wrap
Lunch
Relaxation in our Salt Room

### THE VIEW PAMPER PACKAGE

half day | R3500 per person
This package includes the following:
Welcome drink upon arrival

Marula and Sandalwood Sugar Buff - the Vichy shower
Fusion Massage followed by TheraNaka™ Mud wrap - Rasul/ Steam room
Light Lunch

Use of Salt room

Boabab Hand Ritual & Foot Ritual

### ELEMENTAL MOVEMENT

Embark on a journey through the earthly elements.

Water (20mins - assisted by a therapist)

will begin with a thorough salt scrub and Vichy Sho

We will begin with a thorough salt scrub and Vichy Shower.

Dark (You will be given a ice cold rose quartz eye mask and shown where to relax for 10mins)

Allow darkness to surround you as your body is enveloped by steam-toxins are released and you will begin to feel all your troubles fade away.

Fire and Ice (Alternate feet from hot to cold - 2 mins each for 10mins in total)

Moving your feet from hot to cold has various different benefits;

Kneipp therapy is used to maintain and strengthen general health as well as being used in rehabilitation after an illness or operation.

Kneipp therapy is also beneficial in treating heart and circulation disorders, digestive problems, inflammation, fever and pain.

Light (Sauna - 10mins)

You are surrounded by the warmth that emulates from the heated rocks of the sauna - your body releases and you begin to feel as light as a feather Nature (Sensation Shower - 1 cycle to cleans of any toxins and allow you a fresh beginning to your spa treatments)

Just as in nature the magic of water will wash away any toxins and by-product of your journey leaving you fresh and clean for your treatments to follow. A warm, tropical shower, and warm equatorial lighting will awaken your senses. Jets massage your body and you will feel alive.

### SIGNATURE MASSAGES

### CLASSIC MASSAGE THERAPIES

# THERANAKATM AROMA FUSION CANDLE MASSAGE

60min | R1120

Indulge in an aromatic journey with a luxuriously rich massage candle infused with oils of Sandalwood, Geranium and Marula to help moisturise your skin, leaving you feeling relaxed and rejuvenated.

### AFRICAN WOOD MASSAGE

90min | R1250

Mimicking the rhythmical patterns of an African dance, the TheraNaka<sup>TM</sup> signature massage blends light stretching techniques and specially designed body and facial wooden implements to relax and restore your weary body. Being drizzled with a warm Olive and Shea butter ointment with soft notes of mandarin and neroli will nourish; and heal dry skin whilst experiencing blissful relaxation and rejuvenation.

# GINGER AND LAVENDER POULTICE MASSAGE

90min | R1450

A tranquil experience designed to enhance deep relaxation, muscle recovery and increased lymphatic flow from the tips of your toes to the intricate muscles of your face. Inspired by ancient de-stressing heat therapies, your senses are calmed as the Himalayan Salt poultice bags infused with Keffir Lime and African Potato Extract release tension and restore vitality. A sensorial journey of therapeutic warmth awaits as the lingering fragrances of Lavender and Ginger invite you to escape from your busy life and restore harmonious flow, leaving your skin nourished and your soul deeply relaxed.

### BACK, NECK & SHOULDER

30min | R420

### SCALP, NECK AND SHOULDER

30min | R420

### SERENITY FOOT MASSAGE

30min | R420

### REFLEXOLOGY

30min | R440

### SWEDISH MASSAGE

60min | R660 90min | R960

### AROMA THERAPY MASSAGE

60min | R730 90min | R990

### HOT STONE MASSAGE

60min | R730 90min | R990

### DEEP TISSUE MASSAGE

60min | R730 90min | R990

### MELLOW MAMA PREGNANCY MASSAGE

60min | R730

Relaxing full body massage for Mom-To-Be (only after 1st trimester)

\* Additional 15 Minutes | R120



# EXOTIC YLANG-YLANG BACK EXFOLIATION & MASSAGE - VEGAN FRIENDLY

75min | R750

Be transported to an exotic island experience as your senses are tantalized by this tropical indulgence. We start our journey with a back exfoliation to slough off dead skin cells leaving the skin feeling comfortably smoothed. A vegan friendly rich Shea Butter and Coconut Oil body balm delicately fragranced with Ylang-Ylang and Jasmine will leave your skin nourished and radiant by this tropical indulgence.

### DETOXIFYING MUD WRAP

60min | R750

Purify and cleanse. The nourishment of green clay and purifying action of kaolin cleanses your skin and improves skin tone and elasticity. Fennel, ginger, and vetiver stimulates the body's toxin elimination process, improves circulation, and restores energy levels. Followed by a warming herbal infusion massage

### AFRICAN AWAKENING

120min | R1900

Experience a sublime body cleansing ceremony, beginning with a full body exfoliation, thereafter immersion in a luxurious wrap to relax the muscles in preparation of an indulging full body massage, with its roots originating in African tribal influences of our region. - Full Body Exfoliation \* Body Wrap \* Full Body Massage

### SAUNA ROOM SESSION

Private Sauna Session 30 min | R380

Private Sauna Session with self-application of Body Exfoliant OR Body Mask 45 min | R460

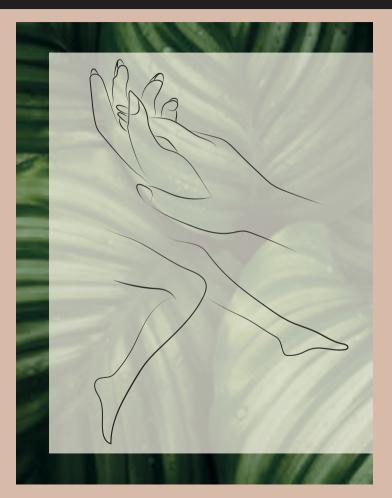
Private Sauna Session with self-application of Body Exfoliant and Body Mask 60 min | R495

Private Sauna Session with self-application of Body Exfoliant and Body, Face & Hair

Mask

60 min | R545

HANDS & FEET HANDS & FEET



### THERANAKA MANICURE

60min | R380

Indulge in an African inspired spa manicure, treating your hands and forearms to a gentle exfoliation followed by an African Earth fusion hand massage, whilst including nail and cuticle attention, followed by a nail colour of your choice for your rejuvenated younger-looking hands.

### THERANAKA PEDICURE

60min | R430

Pamper tired feet and legs during a soothing spa pedicure, focusing on exfoliation of rough skin, a customized nourishing African Shea butter dumbbell massage, including nail and cuticle attention. Choose a dazzling nail colour for your gorgeous new feet

### SCRUB AND RUB HAND RITUAL

30 min | R290

Ideal for the "always working hands". Experience the healing touch as your hands and forearms are gently exfoliated with re-mineralising Atlantic sea salts, following by an ultra-relaxing massage that addresses every exhausted muscle in your hands and arms with its soothing qualities. The healing properties of an Aloe Ferox gel mask soothes and hydrates the hands whilst the application of a Baobab infused lotion will leave the hands soft to the touch.

### SCRUB AND RUB FOOT RITUAL

45 min | R340

This "soulful" journey will take your feet through a Geranium and Pine sugar exfoliation whilst soaking in a herbal salt foot bath. Allowing your feet and legs to relax completely, a muscle soothing foot and leg massage with wooden implements will commence followed by a cool, revitalising mask. Nourishing Baobab infused lotion will be applied to prepare your feet for their journey ahead.

# THERANAKA MANI AND PEDI DUO

HANDS & FEET SALT ROOM

GEL APPLICATION
R320

GEL HAND AND FEET APPLICATION
120min | R528

### ADD-ONS AND MAINTENANCE

PARAFFIN MASK 15min | R125

MEDIHEEL TREATMENT
15min | R155

RE-SHAPE, BUFF AND POLISH 20min | R190

GEL PAINT SOAK-OFF PER SET

### 45min | R350

Soothe your senses in our salt room and get most out of the beneficial effects of salt therapy.

### BENEFITS OF SALT THERAPY:

Salt therapy is a non invasive and is medication free, which focuses on the source of the problem, and does not just suppress the symptoms.

Kills virus, bacteria and allergens

Detoxifies the respiratory system

Aids in healing skin conditions

Promotes relaxation, calmness and better sleep, alleviating anxiety and stress Increase metabolism and strengthens the immune system

ADD FOOT MASSAGE

30min - R250

ADD REFLEXOLOGY 30min - R300



## LIGHTENING AND REJUVENATION

Made in Italy, Our lightening Intimate System is a non-invasive peel to regain the youthfulness and firmness, with the added advantage of lightening, of your most private areas.

The lightening Intimate System contains ingredients that are clinically formulated to lighten unsightly blemishes and pigmentation of common delicate areas of the body. This system is painless, and easy to apply.

EXTERNAL VAGINAL AREA
30 min | R800

ARMPITS 30min | R800

BREAST AREOLA 30min | R600

> BIKINI LINE 30min | R600

INNER THIGHS 30 min | R1000

# FACE TREATMENTS

### BESPOKE ISCLINICAL FACIAL

### INTRACEUTICALS

### FIRE AND ICE FACIAL

60min | R1200

This intensive clinical treatment is designed to resurface the skin rapidly and safely.

Precise combinations of two professional treatment masks are complemented by serums and creams, with aromas of warm cinnamon spice and cool peppermint.

This facial cannot be performed if you are currently using any type of retinols, Retin-A, Accutane or any form of glycolic acids.

### HONEY ENZYME FACIAL

60min | R1200

The Honey Enzyme Facial is a luxurious, exfoliating, hydrating facial that enhances skin with gentle massage and soothing hydration. Effective for all skin types, each use leaves skin as soft as it's ever been. The result is a dramatically smoother, brighter and revitalized complexion with a noticeable glow.

### FOAMING ENZYME FACIAL

60min | R1600

This vibrant treatment features active foaming agents for light and effective exfoliation, leaving the skin clear and glowing for days. The Foaming Enzyme Masque System combines potent papaya and pineapple enzymes with pharmaceutical grade glycol acid to produce a luxurious foaming treatment. This professional treatment produces a luxurious foaming activity while bioactive ingredients exfoliate and deep cleanse the pores; revealing a polished, healthy and radiant complexion

### REJUVENATE OXYGEN TREATMENT

60min | R2000

An Intraceuticals Rejuvenation Treatment is a non-invasive treatment that targets the appearance of fine lines, wrinkles and dramatically enhances overall hydration.

### CLARITY OXYGEN TREATMENT

60min - R2000

After a single treatment, your skin will look and feel clarified and calm. Acne affected skin is comforted and visibly refined, while oil-free nourishers ensure moisture balance is maintained to help defend against future break outs.

### OPULENCE OXYGEN TREATMENT

60min - R2400

An Opulence Treatment is soothing, relaxing and suitable for all skin types. After a single, soothing treatment your skin will look younger, brighter and more luminous. Uneven skin tone is balanced, skin looks and feels hydrated, rejuvenated, radiant and fresh.

### QMS FACIALS

### QMS DEEP CLEANSE

60 min | R790

Put your best face forward with a specialised facial treatment. The Classic Facial entails a thorough skin analysis by a qualified skin therapist in order to tailor a treatment that addresses your individual skin conditions and needs, to achieve the best results. Your skin will be left revitalised and restored.

### ACTIVATOR FACIAL

60 min | R840

Looking for the ultimate solution for tired, jetlagged skin? This energising treatment refuels the skin, leaving it firm, fresh and glowing. Based on QMS Medicosmetics' innovative activation techniques, this facial supplies the skin with regenerating active ingredients.

# COLLAGEN REJUVENATING FACIAL 60 min | R1 100

Give your skin a powerful collagen boost that will restore, rejuvenate and revitalise with this advanced, anti-ageing treatment. It features QMS Medicosmetics' unique system of high-grade collagens combined with advanced exfoliation technology to reveal firmer, healthier skin that glows.

### DERMAPEN MICRO NEEDLING

Skin tightening, lifting and rejuvenation
Improving acne scars and wound healing
Improving wrinkles and fine lines
Minimising pore size and uneven skin surface
Improving stretch marks
Treating and improving alopecia and general hair loss
Lightening hyperpigmentation with active serums

FULL FACE 60min | R1500

STOMACH 60min | R1580

BACK 60min | R1900

HALF BACK 60min | R1120

BUTTOCKS 60min | R1220

### DELUX SKIN TREATMENTS

### THE VIEW EXCLUSIVE

90min | R2500

The View Exclusive uses algae and a combination of hyaluronic acid and oxygen to kick-start the production of facial collagen and elastin—the two substances responsible for maintaining your face's youthful appearance.

This procedure combines the best parts of what are typically separate procedures in order to provide immediate, distinctive results that require no recovery or downtime. This complexion-boosting facial leaves you with glowing skin and a radiant-looking complexion

### THE 27PINKX SIGNATURE FACIAL

90 min | R2500

The Glow that Steals the Show. This signature treatment begins with the Fire and Ice Peel to gently resurface the skin, followed by an Oxygen Treatment which instantly hydrates the skin, resulting in overall radiance and a glowing complexion.

### THE POWER OF THREE

120min | R5000

The Power of Three uses Oxygen to deliver 3 powerful cocktails into the skin. This extravagant treatment is designed to give the skin an antioxidant boost. The first step in this facial is a 3 step Hyaluronic Layering Process, which provides intense hydration to the skin. The second step contains a powerful cocktail of botanical brighteners and super concentrated Vitamin C to restore skins radiance. The final step contains a nourishing mask to instantly soften fine lines and provide increased firmness. All 3 steps are sealed in for maximum and longer lasting results.



### THE CELLULITE TREATMENT

An intensive treatment of cellulite which is saturated with a highly effective concentrate to stimulate fat breakdown, activate fat metabolism and at the same time boost the skins collagen synthesis.

This treatment begins with orange butter cellulite scrub. This gentle body exfoliating cream works on removing dead skin cells and preparing the skin for the absorption of the cellulite draining oils.

FULL BODY
90min | R1050
HALF BODY
60min | R730
G5 HALF BODY MASSAGE
30min | R400

### BYE BYE TREATMENTS

The Bye Bye professional treatment uniquely combines 3 different products, each of which are jam packed full of natural active ingredients to ensure that you get the best results possible.

The treatment is a Three stage process which consists of exfoliation and a Mask massaged into the areas to be targeted. You then lie in a warm bed for 20 minutes and allow the products to get to work.

BYE BYE TUMMY
45min | R950

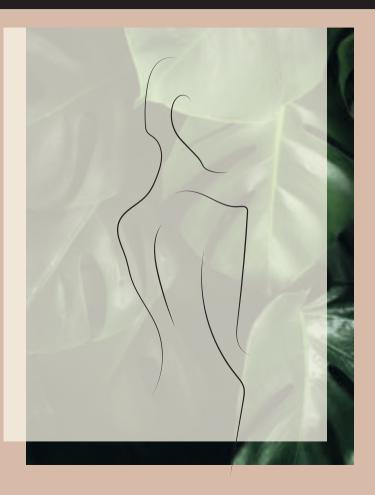
BYE BYE ARMS

BYE BYE BUTTOCKS
45min | R950

BYE BYE THIGHS
45min | R950

BYE BYE CHIN 45min | R550

### WAXING



LIP BIKINI SIDES
R90 R140

CHIN G-STRING
R160

BROW WAX & SHAPING BRAZILIAN R120 R220

LIP & BROW COMBO HOLLYWOOD
R280

LIP & CHIN HALF ARM
R150
R140

FULL FACE FULL ARM R190

FOREHEAD FULL LEG

NECK THREE QUATER LEG

FACIAL SIDES HALF LEG

UNDERARMS STOMACH
R120 R240

BACK R280

# +27(0) 10 226 9120 RADISSON BLU HOTEL, 10TH FLOOR RIVONIA ROAD & DAISY STREET SANDTON, 2196

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