



MENU

EN

 H₂O
SPA



THE WORLD OF MESSAGES

RELAX

A relaxing massage for those who are stressed, overstimulated, and in need of relaxation.

TYPES OF MASSAGE:

BASE

A relaxing massage performed with sunflower seed base oil, free of fragrances.

25 MIN – 180 PLN | 50 MIN – 240 PLN

COCO

A massage performed with 100% pure vegetable coconut oil.

50 MIN – 290 PLN

SHEA

A massage with warm, regenerating, and nourishing 100% natural shea butter blended with oils. Available in four fragrance notes.

25 MIN – 250 PLN | 50 MIN – 340 PLN

STONE BASALT

A relaxing and calming massage with warm basalt stones and fragrance-free sunflower seed oil.

30 MIN – 200 PLN | 55 MIN – 290 PLN

HERBAL SOUL

A signature H₂O SPA massage using Vagheggi essential oils. Gentle techniques promote deep relaxation, while aromatherapy favours detoxification, inhalation, lymphatic drainage, and easy breathing. A blend of oils with notes of mint, lavender, sage, thyme, and ylang-ylang.

50 MIN – 300 PLN

FESTINA LENTE

A massage that restores balance and calm, preceded by the selection of one of the Vagheggi essences: SUNRISE, SUNSET, or MIDNIGHT, chosen to match your current mood.

50 MIN – 320 PLN

LAVTANGERINE

A body ritual based on the soothing notes of lavender and mandarin. It includes a full-body salt scrub, a deeply relaxing massage using the signature H₂O SPA butter, and a massage of the face, neck, and décolleté.

90 MIN – 390 PLN





MADERO

A massage of selected body parts performed using specialised tools made from natural beech wood. It stimulates the lymphatic system, reduces swelling and excess water retention, and supports oxygenation at a cellular level, improving muscle and skin firmness.

40-45 MIN – 350 PLN

SENSO

A holistic, signature H₂O SPA massage using sesame oil, providing deep calm and long-lasting relaxation. The treatment combines elements of aromatherapy with massage of the feet, hands, neck and head.

90 MIN – 380 PLN

SERENITY

A massage of the Yintang acupoint, located between the eyebrows. The massage of the head and the areas around the forehead and eyebrows is performed using warm sesame oil. The treatment induces a state of deep, meditative relaxation.

45 MIN – 320 PLN



LOMI LOMI

A relaxing body massage performed using fluid movements of the forearms, guided by the rhythm of the breath. The massage is performed using Labemi oil.

60 MIN – 360 PLN

BALI HAI

A Balinese, energising body massage that promotes blood and lymph flow and reduces muscle tension in the back. The treatment strengthens CHI energy.

60 MIN – 360 PLN

THAI FEET

A Thai foot massage incorporating elements of reflexology.

30 MIN – 160 PLN

BALANCE

A relaxing massage of the muscles of the head, neck and back of the neck.

30 MIN – 180 PLN

SEA SOUL

A signature H₂O SPA massage designed for complete body regeneration in a single treatment, performed using lavender and sea salt compresses.

50 MIN – 340 PLN



MAMA CARE

A ritual designed for expectant mothers, offering relaxation and a moment of tranquillity. It includes a foot bath with bee pollen and rose petals, a salt scrub made with honey and oatmeal, a gentle body massage using a betulin-infused balm, and a massage of the head, neck and back of the neck.

70 MIN – 320 PLN

SPA FOR TWO

The rituals are performed in a treatment room for two – for two persons at the same time.

FESTINA LENTE

50 MIN – 600 PLN / for two persons

ROKITNIKOVE LOVE

70 MIN – 700 PLN / for two persons

LAVTANGERINE

90 MIN – 760 PLN / for two persons



BEAUTY RITUALS

KOBIFACE

A relaxing massage of the face, neck and décolleté performed using natural oil, incorporating elements of Japanese firming techniques.

50 MIN – 280 PLN

PROFACIAL

A comprehensive treatment featuring hydrogen cleansing, radiofrequency and ionic lifting, plus a firming sheet mask.

60 MIN – 350 PLN

ETERNESSE

A facial ritual for men and women of all ages who value healthy-looking skin, its freshness and vitality. The treatment, which includes a facial massage, utilises carefully selected plant-based active ingredients such as Asian pennywort, wakame seaweed, exotic verbena and lemongrass. The formula is complemented by a unique active ingredient – the most stable form of vitamin C in oil form.

75 MIN – 320 PLN

HYDROGEN CLEANSING

A comprehensive facial treatment featuring a cleansing aqua peel combined with the simultaneous infusion of a preparation containing active ingredients, followed by a serum, mask and cream to finish. Products are selected to suit your skin type.

40-50 MIN – 240 PLN | *for a facial treatment 180 PLN

CAVITATION PEELING

A comprehensive Forlle'd facial treatment featuring skin cleansing via cavitation peeling, a mask chosen to meet the needs of the skin, and an ampoule applied using ultrasound.

50 MIN – 200 PLN | *for a facial treatment – 80 PLN

DELAY

A Vagheggi treatment for skin over the age of 30, aimed at reducing the first signs of ageing. It stimulates the production of collagen and elastin, improving the elasticity and firmness of the skin.

60 MIN – 350 PLN

BRIGHT FORMULA

A Vagheggi treatment based on AHA and PHA acids, selected in precise concentrations for a synergistic effect. It provides gradual, imperceptible exfoliation, brightens the skin, evens out skin tone, reduces discolouration and smooths the skin's texture. It leaves the skin intensely moisturised and radiant.

60 MIN – 330 PLN

REHYDRA

A Vagheggi treatment for normal, dry or dehydrated skin. Ideal for dehydrated skin of all ages, and for skin exposed to external factors that requires additional nourishment.

60 MIN – 350 PLN

KOVALITE FOR MEN

The Kovalite SKIN treatment for men has been designed with male habits and routines in mind. Combined with a facial massage, it aims to achieve maximum reduction in muscle tension, whilst delivering an excellent final result of smooth skin.

30 MIN – 260 PLN



EMOZIONI PLUS

A luxurious Vagheggi treatment that soothes sensitive, delicate and allergy-prone skin: it provides an immediate sense of comfort, leaving the skin less irritated, strengthened and protected.

60 MIN – 450 PLN

75.25.

A Vagheggi treatment from the Longevity range, designed for skin between the ages of 30 and 80, aimed at reducing wrinkles, sagging and dullness, and restoring firmness.

It provides an immediate lifting effect, a sculpted V-shape, a firm and brightened eye contour, and a reduction in palpebral ptosis.

75 MIN – 590 PLN

ANTI-AGEING LIFTING TREATMENT

A Forlle'd treatment for mature skin using biostimulating ingredients that effectively delay the ageing process.

50 MIN – 500 PLN

BRIGHTENING AND RENEWAL WITH VITAMIN C

A brightening and purifying Forlle'd treatment with highly concentrated 30% vitamin C.

60 MIN – 470 PLN



H₂O FOR RADISSON

A Forlle'd detoxifying and oxygenating treatment for tired skin showing signs of ageing.

60 MIN – 450 PLN

PLATINUM TREATMENT

A luxurious Forlle'd treatment with low-molecular-weight, ionised platinum for skin with uneven tone and loss of firmness. It reduces the appearance of wrinkles and prevents new ones from forming.

60 MIN – 550 PLN

ADDITIONAL TREATMENTS

EYEBROW SHAPING

UP TO 10 MIN – 30 PLN

POWDERED HENNA FOR EYEBROWS

UP TO 60 MIN – 120 PLN

HAND AND FOOT CARE

MANICURE

BASIC

Hand nail care without polish.

UP TO 40 MIN – 100 PLN

SPA

Hand and nail care using an exfoliator, mask and vitamin-enriched conditioner.

UP TO 60 MIN – 120 PLN

JAPANESE

A nail regeneration method involving massaging a special paste into the nail plate, followed by polishing the nail surface with powder.

The treatment gives the nails a healthy, pink sheen that lasts for around two weeks.

UP TO 60 MIN – 120 PLN

PEDICURE

BASIC

Toenail care without polish.

UP TO 50 MIN – 120 PLN

SPA

Foot and toenail care using an exfoliator, mask and vitamin-enriched conditioner.

UP TO 70 MIN – 150 PLN

Optional services*:

application of classic nail polish – 25 PLN | application of nail polish – 45 PLN | removal of hybrid nail polish – 30 PLN

*Nail polish application is an add-on to a manicure or pedicure and cannot be booked as a standalone service.



SPA FOR KIDS AGES 4-12

DREAM ON A CLOUD

A gentle body massage using oil.

UP TO 30 MIN – 160 PLN

CHOCOLATE HOUSE

A sweet massage using real chocolate.

UP TO 30 MIN – 160 PLN

MINI MANICURE

A natural manicure with an application of classic nail polish.

UP TO 30 MIN – 80 PLN



SPA FOR KIDS AGES 12-16

CAVITATION PEELING

A comprehensive Forlle'd facial treatment featuring skin cleansing with the use of cavitation peeling, a mask chosen to meet the needs of the skin, and an ampoule applied using ultrasound.

50 MIN – 200 PLN

SHEA

Back massage with warm, regenerating and nourishing Shea butter; the massage is available in four fragrance notes.

25 MIN – 250 PLN

Treatments carried out in the presence of the child's parent or guardian/carer.



LONGEVITY RITUAL

An evening ritual that promotes tranquillity and regeneration.

Aromatherapy diffuser for a good night's sleep.

A fragrance blend for evening relaxation.

FROM 89 PLN

Linen eye mask with Himalayan salt and lavender. Gentle warmth helps to relax the area around the eyes and temples.

69 PLN

Hot water bottle filled with cherry pits. The warmth soothes tension and promotes tranquillity before bedtime.

99 PLN

Essential and fragrance oils,
ready-made fragrance blends.

FROM 12 PLN

Sleep{well}ness tea with additives
and flavoured honey.

25 PLN

Mini kit for a DIY facial
treatment or body ritual.

FROM 175 PLN

H₂O SPA REGULATIONS



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