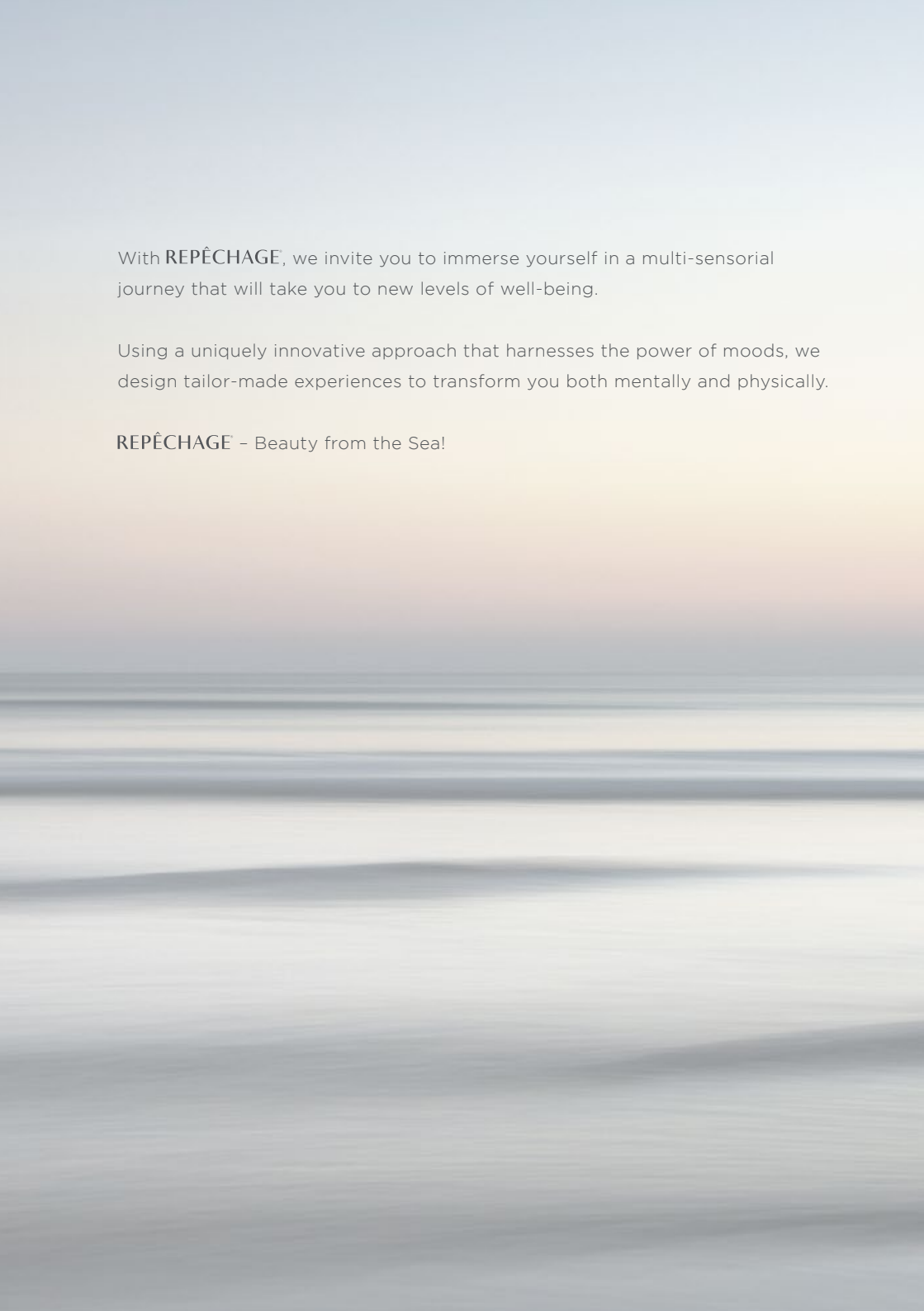


THE
SPA
AT


RADISSON COLLECTION
TALLINN



With **REPÊCHAGE**, we invite you to immerse yourself in a multi-sensorial journey that will take you to new levels of well-being.

Using a uniquely innovative approach that harnesses the power of moods, we design tailor-made experiences to transform you both mentally and physically.

REPÊCHAGE - Beauty from the Sea!

Moods

How would you like to feel today?

Choose from one of the following three mood groups to begin designing your very own personalized spa experience.

Balanced

The ideal mood for you if you need to feel grounded and centered.
The perfect moment to re-connect with yourself and your surroundings.

Pampered

If you wish to feel truly pampered and indulge in some me-time,
then this is the mood for you.

Recharged

Restore your lost energy and enjoy feeling invigorated and uplifted.



Balanced

The ideal mood for you if you need to feel grounded and centered.

The perfect moment to reconnect with yourself and your surroundings.

Facials

Express Facial

The skin is deeply cleansed, exfoliated, and nourished, leaving it looking clear and hydrated. The treatment is suitable for all skin types and for those with a fast-paced lifestyle.

30 minutes – 70 EUR

The Matcha, Berry & Chocolate Facial Ritual

The facial treatment is vegan-friendly. Repechage Fusion spa masks are specially designed to stimulate the senses, providing effective results.

- Matcha tea treatment is ideal for sensitive skin that has a cleansing and soothing effect on the skin, reducing redness.
- Chocolate treatment contains organic and high-purity cocoa powder that deeply hydrates the skin and enhances circulation.
- Berry treatment tightens the facial skin and reduces pores, while gently exfoliating the skin and giving a radiant complexion. The treatment is ideal for oily skin.
- Pumpkin and vanilla multivitamin mask provides a radiant complexion and moisturises the skin, leaving the skin silky soft.

50 minutes – 95 EUR

Body treatments

Full Body Relaxing Massage

Relaxing massage will awaken the senses and give an overall positive state for the body and the spirit.

60 minutes – 110 EUR

90 minutes – 145 EUR

Matcha Full Body Scrub Treatment

The exfoliating body treatment with matcha tea and lemongrass scrub is deeply cleansing, which also offers a relaxing aromatherapy.

90 minutes – 140 EUR

Harmony of the Body

The treatment includes a 45-minute relaxing massage using mineral-rich oil that gives the skin a silky-soft finish and restores moisture. A soothing massage is followed by a 45-minute facial treatment that helps to hydrate and improve skin tone and complexion.

90 minutit – 195 EUR

Pampered

If you want to feel truly pampered and indulge in some me-time, then this is the mood for you.

Facials

Deeply moisturising facial

The seaweed mask is the express ticket to a clean and glowing complexion, which helps to hydrate and improve the skin.

60 minutes – 110 EUR

Luxury facial by Repechage

A luxurious facial that firms and moisturizes your complexion while maintaining a beautiful youthful freshness! During the treatment, you will be pampered with a massage, which will help to release everyday tension from your shoulders and arms.

75 minutes – 165 EUR

Youth Elixir

The treatment firms the skin and gives an immediate rejuvenating result, smoothing the wrinkles. During the treatment, we will pamper you by massaging away the everyday tensions from your shoulders and hands.

90 minutes – 145 EUR

Body treatments

Antioxydant body treatment with super berries

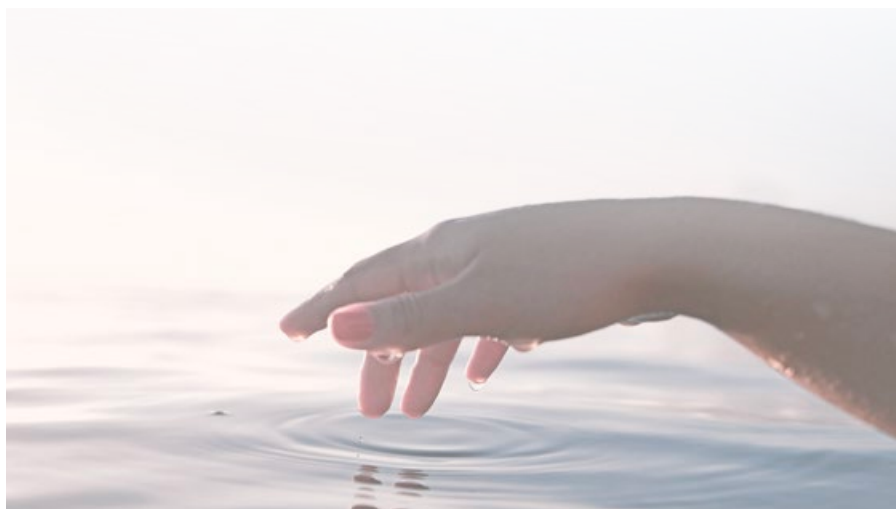
The body treatment includes a gentle natural body exfoliation, followed by a massage with seaweed-rich body cream. The treatment removes dead skin cells, moisturizes and restores the skin's balance. Suitable for dry and sun-damaged skin.

60 minutes – 115 EUR

The Cleopatra beauty treatment

The body will be pampered with the magnificent Cleopatra beauty ritual, using the exfoliating body mask with almonds, oats, and skin-nourishing honey. The ritual creates beauty and well-being for the face and body.

90 minutes – 165 EUR



Recharged

Restore some of that lost energy and enjoy feeling invigorated and uplifted.

Facials

Peel & Glow

A cleansing, smoothing and brightening facial treatment. Using a delicate glycolic acid and a complex of marine minerals, the skin cells are renewed. The treatment helps to even out pigmentation and keep your skin young and healthy.

60 minutes – 115 EUR

Body treatments

Massage “Back Tension Reliever!”

The treatment concentrates on the back, neck and shoulders, it helps to ease muscle tension and promotes relaxation.

35 minutes – 75 EUR

Detoxifying Back Exfoliation with Massage

Exfoliating back relaxation treatment helps to cleanse pores, remove dry dead skin cells and make the skin wonderfully smooth and fresh.

45 minutes – 85 EUR

Slim and trim

The treatment uses special cellulite massage technique that helps to reduce cellulite on the legs and hips.

60 minutes – 115 EUR

Preparing for the treatment

Dear guest!

Thank you for choosing The Spa at Radisson Collection!

Our massage therapists are true professionals, who love what they do and wish to find a personal approach to every guest. It is our delight to help you forget everyday errands and challenges for a period of time, immersing in the relaxation paradise.

Each treatment is special and needs some preparation:

- We recommend to use pool and saunas before body treatments. By warming your body up in the sauna, you will prepare it for the upcoming procedure.
- Please be sure to get to the spa reception 10 minutes prior to the scheduled time!
- If you desire to make a cancellation, please do so at least two hours before the start of the treatment in order to avoid cancellation fee in the amount of full treatment price.
- You have an option of queueing up for a massage, and if someone cancels, we will let you know as soon as possible.
- Kindly inform the massage therapists about your health conditions (chronic illnesses, pregnancy, allergies, body features specific to you etc.).
- It is dangerous for your health to come to a treatment in an intoxicated state. Please refrain from drinking even a small amount of alcohol.

Spa Etiquette

OPENING HOURS

Pool & Saunas Daily 6:00 am to 10:00 pm.

Last Monday of the month 5:00 pm to 10:00 pm.

Treatments & Massages Daily 10:00 am to 9:00 pm.

PRIOR TO ARRIVAL

Prior to your arrival, we kindly ask you to take a shower before using the saunas and the pool area! Kindly press the shower button to stop the waterflow due to non-automatic showers.

DURING YOUR STAY

Out of respect for other guests, please do not take up the chairs by leaving your personal items, as well as wet towels to lie there unattended. Please place all the used towels into the designated containers!

To avoid slipping and falling on wet surfaces, please always wear flip-flops and exercise appropriate caution. To ensure spa area hygiene, long hair must be tied up! Diving and water games are prohibited in the spa area!

Smoking, including e-cigarettes, and bringing your own food or drinks to the spa is strictly prohibited. Our spa is most relaxing when we use low volume of voice and enjoy serenity.

CHILDREN

For everyone's comfort, our pool and sauna area welcomes children (younger than 16 years old) daily between 8:00 am to 20:00 pm.

Individual spa visit is permitted for guests who are at least 16 years old. Guests under the age of 16 must be accompanied by an adult who is responsible for the safety of their children. Parents are not allowed to leave their children unsupervised at any time.