Blu Spa

Blu Spa

A sanctuary of seclusion and serenity, the overwater BLU Spa features six couples' treatment rooms, including two with spa baths. Soothe your senses with authentic Asian and contemporary massages, aromatherapy, body wraps, facials, manicures, and pedicures. The Blu Bliss massage is a truly unique experience for spa lovers, and our collection of packages promise immersive wellness journeys.

Blu Signature Collection

Indulge in luxurious pampering with our signature spa treatments at Blu Spa. We celebrate the natural wonders of the Indian Ocean incorporating them into our treatments to provide a soothing experience.

Island Touch - Maldivian Collection 80 minutes

A traditional and natural way to deeply cleanse and polish your skin using our invigorating Maldivian Coconut Body Scrub followed by a customised massage. This treatment is specifically designed to effectively remove dry and dead skin cells whilst deeply nourishing and hydrating the skin to leave you with glowing skin.

Ayurvedic Journey - Ayurvedic Collection 80 minutes

We take a holistic approach and combine the skillful touch of our therapists with the healing benefits of Ayurveda. The Abhyanga Massage balances energy, improves muscle tone and flexibility. The Vasti Treatment follows with warm, medicated oil gently poured over the lower back for a soothing effect.

Balinese Boreh - Bali Collection 80 minutes

Boreh, an ancient Indonesian treatment is the key to unlocking a radiant complexion and revitalizing your skin's natural glow. Combined with Balinese Massage to experience relaxation and a renewed sense of vitality.

BLU Packages

Silky Touch Package 80 minutes

Pamper yourself like never before with our indulgent body scrub then delight in our deeply relaxing massage tailored to soothe your mind and body.
- Choice of Body Scrub (30 minutes)
- Choice of Body Massage (50 minutes)

Pure Radiance Package 100 minutes

Crafted to leave you feeling revitalized, indulge in the perfect combination of a rejuvenating facial treatment and a soothing massage.
- BLU Facial* (50 minutes)
- Choice of Body Massage (50 minutes)

Sun Soother Package 100 minutes

Designed to calm sun exposed skin, we begin with a soothing cucumber and aloe vera body wrap and end the experience with a relaxing massage.
- Soothing Body Wrap (50 minutes)
- Choice of Body Massage (50 minutes)

*Elevate your spa experience by selecting the luxurious Aromatherapy Associates facial products for an additional US$ 30.00 ++.

BLU Packages

Blu Temptation (Couple Package) 110 minutes

A romantic experience designed to pamper your skin and melt away your tension. Smooth the texture of your skin with a luxuriating body scrub followed by a full body massage to improve your blood circulation. Complete your indulgent experience in the open air, overwater jacuzzi.
- Choice of Body Scrub (30 minutes)
- Choice of Body Massage (50 minutes)
- Floral Bath (30 minutes)

Maldivian Dream (Couple Package) 160 minutes

Embrace a moment together for deep relaxation with an unforgettable experience. Escape the limits of time with our exquisitely packaged couples retreat curated to rejuvenate body, mind and spirit. Begin with a body massage and followed by a soothing facial. Complete your indulgent experience in the open air, overwater jacuzzi.
- Choice of Body Massage (80 minutes)
- BLU Facial* (50 minutes)
- Floral Bath (30 minutes)

*Elevate your spa experience by selecting the luxurious Aromatherapy Associates facial products for an additional US$ 30.00 ++

Legend of Massage

Blu Bliss 80 minutes

A sensory treatment combines a medley of massage techniques with innovative hot pouch therapy brought together with soothing organic coconut oil. A rejuvenating facial massage completes your restorative treatment.

Medium Pressure

Ocean Harmony 50/80 minutes

Inspired by the holistic healing properties of East Asia, this massage seamlessly blends the very best of eastern and western techniques along with aromatherapy to release tension and soreness around your neck, shoulders and back.

Medium - Strong Pressure

Gentle Waves 50/80 minutes

Let your body and soul relax with this gentle but powerful massage, using the art of movement combined with ancient aromatherapy oils, this rhythmic body massage uses gentle techniques to help restore harmony and relax the mind and body.

Light Pressure

Legend of Massage

Balinese Essence 50/80 minutes

A traditional Balinese massage performed with long seamless strokes, skin rolling and thumb pressure to release muscle tension and provide deep relaxation. This rhythmic experience promises a sense of deep relaxation and well-being

Light - Medium Pressure

Thai Reflexology Foot Massage 50 minutes

Thai reflexology is renowned for its ability to reduce stress and promote relaxation with the use of yogic stretches and deep acupressure point therapy. Targeting specific pressure points associated with the nervous system helps to loosen muscles, encourage energy flow promoting a feeling of calm.

Indian Head Massage 50 minutes

Focusing on the head, neck and shoulders, our traditional treatment combines gentle massage strokes and pressure point stimulation to enhance sleep quality and alleviate stress.

Body Treatment Therapies

Lotus Body Delight 50 minutes

Using lotus extract, our dual strength treatment combines the benefits of a body scrub and wrap to provide deep cleansing and intense hydration for your skin. The body scrub effectively removes dry or dead skin cells whilst the body wrap locks in moisture leaving you feeling soft and supple.

Diamond Body Brightening 40 minutes

Bearberry extract , an anti-oxidant and purifying exfoliator is used to brighten, reduce dullness and help fade spots or blemishes on your skin. Diamond powder smooths away accumulated dead skin cells to leave you radiant.

Japanese Sakura Body Glowing 40 minutes

A truly floral therapy, the brightening power of cherry blossom extract is used to inhibit the formation of dark spots. Chamomile and lavender essential oils calm irritated skin. Rose geranium, michelia and frangipani rejuvenates you from within to leave your skin glowing and flawless.

Body Treatment Therapies

Coffee Firming Scrub 40 minutes

Using caffeine, a known ingredient to reduce the appearance of cellulite, our coffee scrub delivers smoother and firmer skin texture by improving blood flow which stimulates collagen production.

Coconut Body Shine 40 minutes

Designed to hydrate and revitalize, our Coconut Scrub Body effortlessly moisturizes your skin, leaving it irresistibly smooth, supple, and velvety soft.

Soothing Body Wrap 50 minutes

Our carefully selected aloe vera formula is known for its incredible hydrating and healing properties. As you surrender yourself to this luxurious wrap, your skin will be rejuvenated by the moisturizing effects, leaving it incredibly soft, supple, and nourished.

Detoxifying Phyto Body Mask 50 minutes

This line is formulated with a blend of natural ingredients that work together to deeply cleanse away skin's waste, encourage the body's detoxification system, and improve blood circulation. The result is radiant, youthful skin that looks and feels its best.

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Aromatherapy Associates - Body

For more than 35 years Aromatherapy Associates, a truly British brand, has been specialising in harnessing the natural healing powers of the finest natural ingredients, purest extracts, and essential oils to include in their products and treatments.

Relax & Sleep 75 minutes

Direct link to those who need states - sleep concerns, stress and anxiety, emotional unrest, immune support and those overwhelmed. Carefully applied pressures relieve key areas of tension, whilst our award-winning essential oil blend sedates, calms and grounds you to induce a serious state of relaxation.

Revive & Tone 80 minutes

A full body detox treatment using gentle strokes and brushing to stimulate the lymphatic system followed by exfoliation to remove the build up of dead skin cells. The treatment ends with a re-mineralising mud mask to nourish the skin with essential elements leaving you feeling fresh and radiant.

Mother to Be 50 minutes

A specially tailored light pressure massage for pregnant women using traditional aromatherapy principles such as focus a on the upper back and shoulders to relieve stress and tension. The massage continues to focus on other areas such as the legs and scalp to alleviate any heavy or cumbersome feelings.

Aromatherapy Associates - Facial

The Ultimate Wellbeing Facial 80 minutes

An intensive treatment for aging skin where massage techniques to lift, plum and firm and combines with anti-aging and restorative natural oils and larch to stimulate the formation of collagen for tighter skin.

The Ultimate Glow Facial 50 minutes

A premier facial that harnesses the regenerative properties of roses to nourish hydrate all skin types to boost blood circulation, promote cell renewal leaving your skin dewy and faintly scented.

The Ultimate Rebalancing Facial 50 minutes

A delicate treatment designed specifically for irritated skin, this facial locks in moisture with a double cleanse, exfoliation and the application of serum, oil and moisturiser.

Spa Enhancements

The perfect treatments to add on to any experience over 50 minutes

Floral Bath	30 minutes
Focus Massage	30 minutes
Back Hot Stone	30 minutes
Skin Nurturing Facial	30 minutes
Sun Soothing Facial	30 minutes
Eye Lifting Treatment	30 minutes

Hands & Feet

Express Manicure	30 minutes	Classic nail shaping
Express Pedicure	30 minutes	Classic nail shaping
Blu Manicure	60 minutes	A thorough hand and nail treatment including cuticle work, nail shaping and nail polish application.
Blu Pedicure	60 minutes	The treatment includes cuticle work, hard skin removal with foot filing and finishes off with a nail polish application for transformative results.

Teens & Kids

Unlock the secrets to luxury teen and kids treatments. Discover a world of unforgettable experiences!

Relax Me	50 minutes	Full body massage
Soothe Me	30 minutes	Back, neck and shoulder massage
Pamper Me	30 minutes	Foot and leg massage
Freshen Me	50 minutes	Coconut and honey body polish
Mani Me	30 minutes	Nail trim, cuticle care, massage and polish
Pedi Me	30 minutes	Nail trim, cuticle care, massage and polish
Polish Me	15 minutes	Nail polish application only

*Children under the age of 16 are permitted to use the Spa when accompanied by an adult.

Spa Etiquette

Hours Of Service

BLU Spa is open with reservations from 8:00 am – 8:00 pm

Reservations

To schedule an appointment for your preferred treatment, please inform your personal Island Host or visit the BLU Spa where our team may make personal recommendations based on your preferences. Alternatively, you may call the spa by dialing #1366 from your in-villa telephone or reserve a time on the resort app. To ensure your preferred time and service is available, we recommend booking in advance.

Cancellations

Should you need to cancel or reschedule, a 12 hour notice is required before the schedule treatment to avoid incurring 100% of the treatment fee. For non-arrival, full price of the service will be charged.

Health Concerns

Kindly advise us of any underlying health conditions (high blood pressure, heart conditions etc), allergies, any recent surgeries or injuries, which could affect your choice of treatment when making your reservation. Please note that our pregnancy and postpartum treatments are only available for women in the second or third trimester.

Arrival

We recommended that you arrived 20 minutes prior to your appointment. Late arrivals will limit the time of your treatment and may incur an additional charge as it will overlap with the next treatment time.

Children

Guests of BLU Spa must be 16 years old and above to access or use the spa facilities and treatment. Children under the age of 16 are permitted to use the Spa and fitness facilities when accompanied by an adult.

Whisper Zone

Our spa is a whisper zone and non- smoking area. To maintain a peaceful atmosphere and to respect other guest's privacy, we kindly request that you are mindful when bringing children less than 5 years of age in to the spa and that mobile phone are silenced when you arrive at the spa. Should you need to make any urgent phone calls, we kindly request that you do so at the spa Reception.

Valuable Items

We advise that you leave valuables in the safe in your guest room. BLU Spa are not responsible for any loss or damage of valuables of any kind.

Prices

All treatments will be charged to your villa and will appear on your account at checkout. All prices are in USD, subject to a 10% service charge and any applicable government taxes.

Price List

Blu Signature Collection

Island Touch - Maldivian Collection	80 minutes	US$ 285.00
Ayurvedic Journey - Ayurvedic Collection	80 minutes	US$ 285.00
Balinese Boreh - Bali Collection	80 minutes	US$ 285.00

Legend of Massage*

Blu Bliss	80 minutes	US$ 285.00
Ocean Harmony	50/80 minutes	US$ 195.00 / US$ 255.00
Balinese Essence	50/80 minutes	US$ 185.00 / US$ 245.00
Thai Reflexology Foot Massage	50 minutes	US$ 175.00
Indian Head Massage	50 minutes	US$ 175.00
Gentle Waves	50/80 minutes	US$ 185.00 / US$ 245.00

BLU Packages

Silky Touch Package	80 minutes	US$ 285.00
Pure Radiance Package	100 minutes	US$ 295.00
Sun Soother Package	100 minutes	US$ 295.00
Blu Temptation (Couple Package)	110 minutes	US$ 599.00
Maldivian Dream (Couple Package)	160 minutes	US$ 699.00

Body Treatment Therapies*

Lotus Body Delight	50 minutes	US$ 199.00
Diamond Body Brightening	40 minutes	US$ 185.00
Japanese Sakura Body Glowing	40 minutes	US$ 175.00
Coffee Firming Scrub	40 minutes	US$ 175.00
Coconut Body Shine	40 minutes	US$ 175.00
Soothing Body Wrap	50 minutes	US$ 185.00
Detoxifying Phyto Body Mask	50 minutes	US$ 199.00

All price are in US$ Dollars and is subject 10% Service Charge and 17% Goods and Services Tax (GST)
All prices are subject to change without prior notice.
*Spa credit is applicable on these treatments only

Price List

Aromatherapy Associates*

Relax & Sleep	75 minutes	US$ 275.00
Mother to Be	50 minutes	US$ 199.00
Revive & Tone	80 minutes	US$ 299.00
The Ultimate Wellbeing Facial	80 minutes	US$ 259.00
The Ultimate Glow Facial	50 minutes	US$ 205.00
The Ultimate Rebalancing Facial	50 minutes	US$ 205.00

Spa Enhancements

Floral Bath	30 minutes	US$ 90.00
Focus Massage	30 minutes	US$ 90.00
Back Hot Stone	30 minutes	US$ 90.00
Skin Nurturing Facial	30 minutes	US$ 90.00
Sun Soothing Facial	30 minutes	US$ 90.00
Eye Lifting Treatment	30 minutes	US$ 90.00

Hands & Feet

Blu Manicure	60 minutes	US$ 95.00
Blu Pedicure	60 minutes	US$ 95.00
Express Manicure	30 minutes	US$ 60.00
Express Pedicure	30 minutes	US$ 60.00

Teens & Kids

Relax Me	50 minutes	US$ 150.00
Soothe Me	30 minutes	US$ 80.00
Pamper Me	30 minutes	US$ 80.00
Freshen Me	50 minutes	US$ 150.00
Mani Me	30 minutes	US$ 45.00
Pedi Me	30 minutes	US$ 45.00
Polish Me	15 minutes	US$ 30.00

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RESORT MALDIVES

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