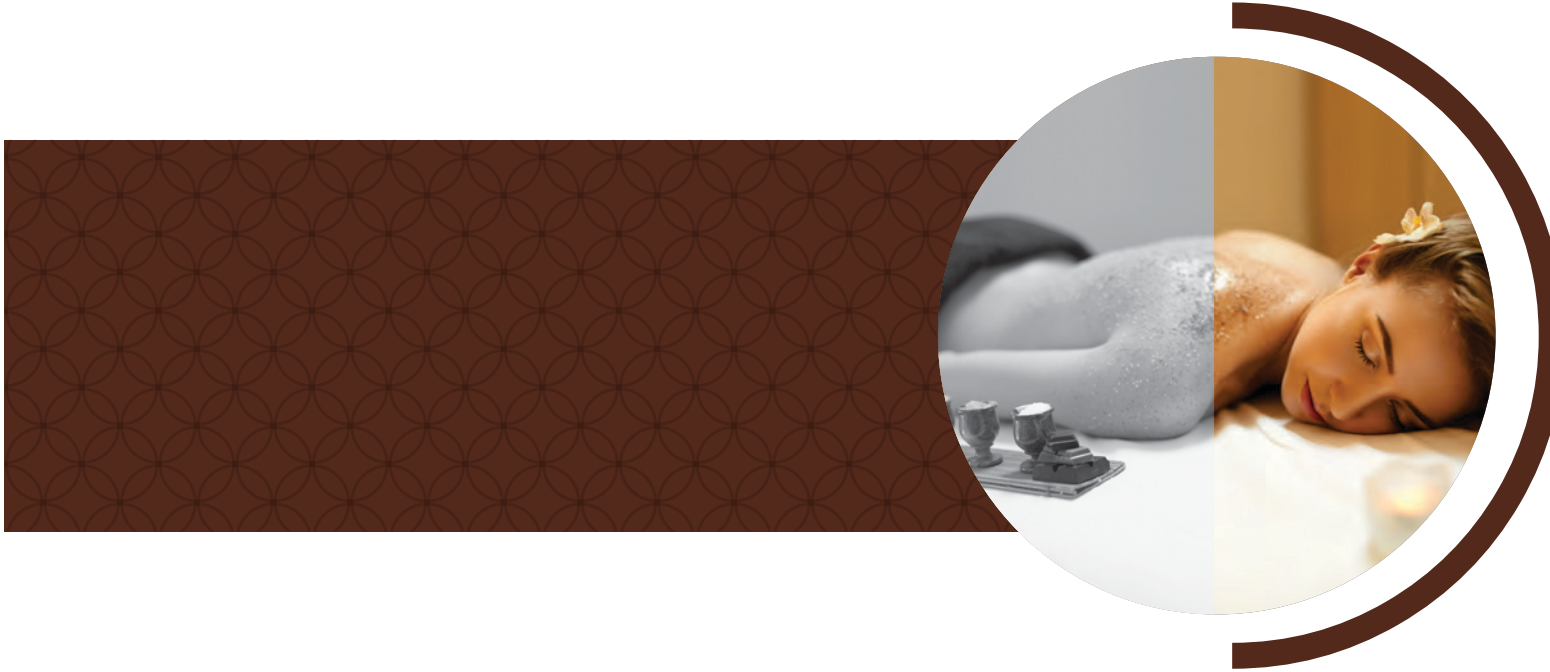


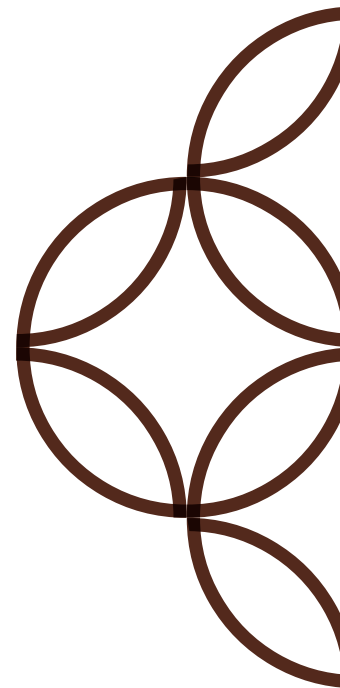
Radisson **BLU**
MUMBAI
INTERNATIONAL AIRPORT

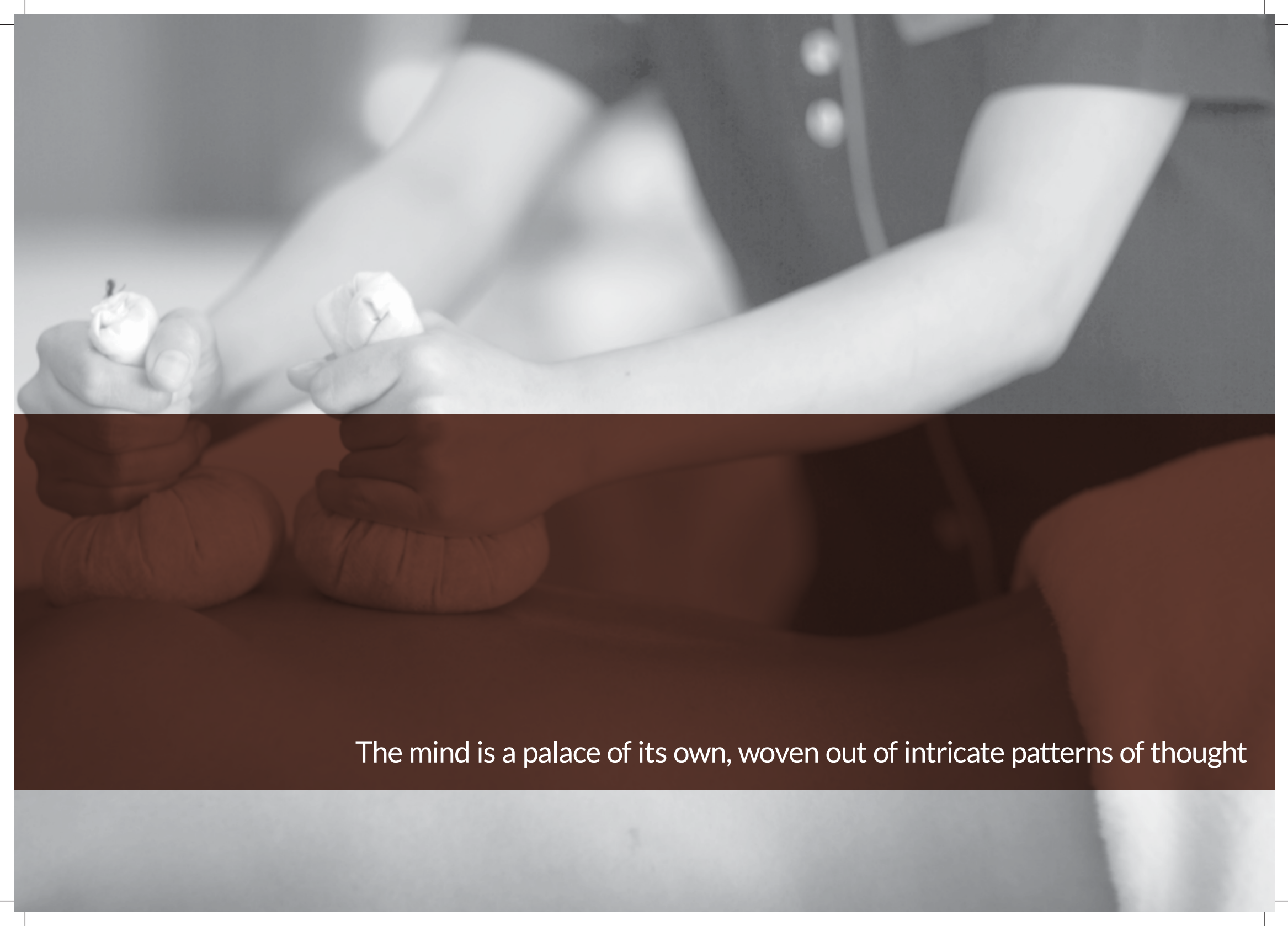


un^odra
S P A

Introduction

Unora (Italian for 'my hour') is an hour stolen out of the bustle of city life, for a rejuvenating rendezvous with yourself. The mind is a palace of its own, woven out of intricate patterns of thought. Unora ushers you on a journey to those half-remembered sanctuaries of your mind that washes away stress and rekindles spirit and vigour in you. Unora puts you back in touch with your remotest senses and perceptions. Our accomplished masseurs have tapped the source of ancient Indian healing and happiness to bring you an unprecedented Spa experience.





The mind is a palace of its own, woven out of intricate patterns of thought



SPA SOJOURNS

DEEP SLEEP

120 minutes

INR 5900

Hours hunched over a computer, seated in meetings or being crammed into an aeroplane seat leads to stress and strain in the lower back, shoulders, neck, hands, and eyes. This spa session is your much-needed stress buster.

Inclusive of: Deep Tissue massage (60min) | Indian head massage (30min) | Leg Fatigue Reliever (30min)

NOURISH

120 minutes

INR 5800

Allow the superwoman in you restore her super-powers to take on the world refreshed and renewed. Give-in to this me-time for you.

Inclusive of: Choice between Full body Swedish & Deep Tissue Massage (60min) | Shine Facial (60min)

BLISS COUPLE SPA

90 minutes

INR 8200

Our therapists treat you like royalty in a tranquil natural setting and lead you and your love to a state of bliss with the perfect combination of our luxurious rejuvenating therapies.

Inclusive of: Choice of full body swedish or Abhyanga Massage

SERENITY COUPLE SPA

120 minutes

INR 10800

Luxuriate in the radiant of our treatment suites, as you both relax and rejuvenate. why wait for an anniversary to celebrate togetherness?

Inclusive of: Choice between Full body Swedish & Deep Tissue Massage (60min) | Shine Facial (60min)



REPLENISH

135 minutes

INR 6800

You are initiated into a journey to reconnect with your inner self through a traditional indian massage, followed by a oral body polisher and ending with an energising head massage. a truly rejuvenating experience that balances your body, mind and spirit.
Inclusive of: Abhyanga massage (60min) | Floral mist body polisher (45min) | Prithvi Wrap (30min)

Unwind - Rewind

300 minutes

INR 14000

Inclusive of: Avail any 5 massages of (60min) each
(Choice of swedish, deep tissue & abhyanga massage)

*Valid for 15 days only

ॐ पूर्णमदःपूर्णमिदम् पूर्णात् पूर्णमुदच्यते ।
पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥
ॐ शान्तिः शान्तिः शान्तिः ॥





PAVITRA - INDIAN SELECTION

VISHRAM

60 | 90 minutes

INR 3200 | 4800

Our therapists' alternating palm and thumb strokes solely work on your fatigued and aching body to de-stress and tone up the skin. This full body massage is done with the signature herbal oil to energize your senses.

AKHARA MALISH

60 | 90 minutes

INR 3400 | 5100

The traditional therapeutic massage all works vigorously on your body to rekindle the energy. Tanya uses this powerful oil massage to release your body pain and to rejuvenate your sore, tense muscles.

INDIAN ABHYANGA

60 | 90 minutes

INR 3200 | 4800

In this traditional technique, your body is massaged with the best herbal oils inspired by ancient Indian Ayurveda. This helps reduce the knots in your muscles and overall body fatigue. Sit back and let our therapists bring time-honoured healing arts back to life by relaxing your mind and body.

POTALI MASSAGE

75 minutes

INR 4300

Our unique therapy based on the Ayurvedic principles of therapeutic application of warmth. The body is massaged with linen potalis infused with essential herbs and oils, resulting in relaxation and detoxification. This also helps in harmonising the mind and body.

SIGNATURE TATTVA THERAPY

90 minutes

INR 5100

A Tattva signature wellness therapy, incorporating yoga stretches along with a massage. This unique technique involves dry and oil-based massage, eases muscle tension and energises the body with acupressure movements and stretching. The deep pressure applied during this massage works effectively on muscles and balances the energy level of the body.

*Taxes Extra



INTERNATIONAL SELECTION

SWEDISH MASSAGE

60 | 90 minutes

INR 3200 | 4800

A medium pressure body massage, which uses one of the most effective massage techniques. The masseur will use various traditional, long kneading strokes to energise your body. The Swedish massage targets tired muscles and enhances blood circulation.

DEEP TISSUE MASSAGE

60 | 90 minutes

INR 3400 | 5100

Feel all your tension melt away as this therapy helps reduce adhesions and loosens muscles. Highly customised for your needs, our masseur will focus on relieving muscle tension and pain from your tired body.

JETLAG RECOVERY

90 minutes

INR 5800

The ideal massage to banish the dehydration, fatigue and sluggishness associated with jetlag. These movements are designed to stimulate and invigorate you. Surrender your weary self to our expert healers to leave you feeling renewed.

ॐ पूर्णमदःपूर्णमिदम् पूर्णात् पूर्णमुदच्यते ।

पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥

ॐ शान्तिः शान्तिः शान्तिः ॥



EXPRESS THERAPIES

INDIAN HEAD MASSAGE

30 minutes

INR 1600

This invigorating therapy helps restore the natural sheen of the hair. This massage helps relieve stress from the head, neck and shoulders, creating a profound sense of joy and relaxation.

LEG FATIGUE RELIEVER

30 minutes

INR 1900

Based on ancient eastern techniques, reflex zones on the feet and calf muscles are worked on. This is a treatment that balances the energy flow in the body and eases swollen legs and ankles, using a hand-picked combination of soothing natural oils.

ORIENTAL BACK MASSAGE

30 minutes

INR 1900

Originating from the island of Bali, this therapy will soothe internal tissues, and relieve strained muscles and joint pain. We use carefully chosen aromatic oils during the massage to calm the nervous system, making this a serene experience indeed.

TRAVEL ENERGIZER

30 minutes

INR 1900

The perfect combination of a foot massage and a back massage that is a quick relaxation for your body. Our traditional foot massage based on eastern techniques of reflexology, followed by a de-stressing massage of the upper back, neck and shoulders is a soothing experience that thoroughly relaxes you.

GENTLE EYE NOURISH

30 minutes

INR 1600

The specialized lymphatic drainage massage technique improves the blood circulation around the eyes. It helps reduce under-eye dark circles and puffiness and natural aromatic oils give you that fresh, dewy look.



BEAUTY ELIXIRS

FLORAL MIST

45 minutes

INR 3200

Tattva brings to you a misty fusion of aromatic oils - including palash, saron and special oral extracts from the Himalayan valley. The gentle exfoliating polisher evens out the skin tone leaving your skin so and supple and giving you that dewy glow.

VANILLA NUTMEG SMOOTHIE

45 minutes

INR 3200

A luxurious creamy treatment that leaves your skin so and supple, this aromatic mixture provides essential hydration and conditions damaged skin, leaving your body with a delicate sweet fragrance.

KALP VRIKSHA

45 minutes

INR 3200

Kalp Vriksha is an exceptional coconut-based herbal body scrub that helps hydrate the body and gives an everlasting effect. This exceptional body tonic cleanses and hydrates the uneven and patchy skin from within.

PRITHVI CLAYWRAP

30 minutes

INR 2700

This rich, detoxifying and firming wrap draws from the goodness of exotic Indian herbs and clay. Its therapeutic properties, drains out the toxins, tighten the skin and leave it with a radiant, youthful glow. Good for all skin types. Recommended with massage or scrub.

CLEANSING FACIAL

30 minutes

INR 2300

A simple yet effective deep cleansing treatment that helps exfoliate dead skin and blackheads and unclog pores. This treatment renews skin clarity and reduces acne blemishes to leave you with a fresh skin that breathes and glows.

SHINE FACIAL

60 minutes

INR 3000

With Tattva's Shine facial treatment, indulge your skin with a vivacious experience. Tattva's gentle facial massage, with well-crafted, detoxifying ingredients, revitalizes the skin-cells, rehabilitating the natural texture of your skin. Don't just glow, get your shine back.

YOUNG & RADIANT FACIAL

60 minutes

INR 4000

Tattvæs professional facial for mature and/or neglected skin infuses the skin with scientific ingredients proven to slow the ageing process, helps repair damage and restores freshness back into your skin. The result? Younger-looking radiant skin.

HYDRA FACIAL

60 minutes

INR 4500

This facial offers deep hydration & nourishment to your skin. It improves skin elasticity and boosts natural skin cell regeneration thereby offering you that flawless smooth skin.



FACE MASK

WHITE MULBERRY

30 minutes

INR 1500

The antioxidant and skin smoothening properties of pure white mulberry enriched facial peel off mask is a perfect quick fix for your skin. This whitening & firming marine algae mask, gives a cool, and firm feel to the skin while lightening the skin and delivering a uniform glow across leaving you with a smooth, fresh, youthful and radiant skin. What more can you ask for !

GREEN TEA TREE

30 minutes

INR 1500

This Green Tea Tree peel oil mask is rich in anti-oxidants, anti-fungal ingredients that encourage healing and rejuvenation of the skin. It gives a natural glow to tired, dull skin and soothes inflamed, acne prone skin by balancing excessive oil production. Get that natural glow back !

ACTIVATED CHARCOAL

30 minutes

INR 1500

A deep cleansing mask that helps to detoxify and purify the skin, activated charcoal acts like a magnet to draw out the most deeply rooted impurities, unblocking the clogged pores while naturally derived ingredients calendula, rosemary help to rebalance and restore a glowing complexion.

*Taxes Extra



HAND & FOOT CARE

Luxurious Chocolate Foot spa
Organic Foot spa
Luxurious Chocolate Manicure
Organic Manicure
Nail Paint Change (feet/hand)

INR 1250
INR 1250
INR 1050
INR 1050
INR 250

Hair Cut

Hair Trimming for her
Hair Trimming for him

INR 650
INR 450

Hair Styling

Shampoo & Conditioning
Basic Blow-dry

INR 450
INR 650

FACE & BODY ESSENTIALS

Threading (Eyebrows)
Threading (Upper Lip)
Threading (Chin /Forehead)
Threading (Full Face)
Waxing – Full Legs**
Waxing – Half Legs
Waxing – Full Arms
Waxing – Under Arms
Waxing – Full
(Includes Full legs, arms & Under arms)
Waxing – Stomach
Waxing – Neck & Blouse Line
Waxing – Full Body
Bleach – Face And Neck
Bleach – Arms
Bleach – Legs
Bleach – Back
Bleach – Full Body

INR 150
INR 100
INR 150
INR 600
INR 1200/ 1600
INR 800 / 1200
INR 1000/ 1400
INR 200/ 300
INR 2200 / 3000

INR 1200 / 1500
INR 1000 / 1400
INR 3000 / 4500
INR 1200
INR 1500
INR 1800
INR 1500
INR 3000 / 3500

**Choice of Regular or Premium

*Taxes Extra



GENERAL INFORMATION

Reservation and Cancellation

- It is recommend that you arrive 15 minutes prior to the scheduled spa session.
- For the convenience of other guests, please intimate us about any cancellation a minimum of 4 working hours prior to your appointment. Late cancellations will attract a 50% cancellation fee.

Spa Etiquette

- Help us maintain the serene environment of the spa by keeping your mobiles phones silent and speaking sonly.
- Guests under the age of 16 are not permitted within the spa, unless accompanied by an adult
- Smoking and consumption of alcohol are prohibited within the spa area. The spa management has the discretion of not serving guests under the inuence of alcohol
- Gentlemen are advised to shave at-least 3 hours prior to a facial session
- What should guests wear during a treatment?
Guests will be provided with disposable undergarments. You are required to wear this for your comfort. Our therapists will always use draping techniques to respect your privacy.

Considerations

- Membership packages are non-refundable and can be availed against a valid membership card / booklet
- Pregnant lady guests and other guests with any medical condition, are advised to consult their doctors before signing up for any services and inform the spa therapist about the condition.
- The spa treatments rendered by Elementia Wellness Pvt. Ltd. are for general purposes only and are not a substitute for professional medical treatment for any condition, medical or otherwise, that guests may have. Tattve Spa, it's employees and representatives will not be held liable for any incident experienced by the guest during or aer the spa service
- The spa treatments rendered by Elementia Wellness Pvt. Ltd. are professional in nature. Any illicit or sexually suggestive behavior, remarks or advances made by the guest will result in the immediate termination of the session and may result in legal action. The guest will also be liable to pay for the complete charges for the scheduled service

Unora Revibe is the perfect solution for making wellness a part of your routine. A membership with Unora offers you a wide range of value-added extras, in a luxurious environment. A good spa therapy will no longer be a drain on your pocket. We invite you to escape the chaos of your daily life and rejuvenate in an oasis of calm.

Commit to wellness with Unora Revibe!

MEMBERSHIP CATEGORY	PAY	OPENING BALANCE	EFFECTIVE DISCOUNT***	EXPECTED NO. OF SERVICES***	VALIDITY (IN MONTHS)	SHARING WITH FRIENDS & FAMILY
PEACE	INR 18000*	INR 24000*	25%	7	8	YES
SERENITY	INR 24000*	INR 36000*	33%	11	12	YES
TRANQUILITY	INR 39600*	INR 72000*	45%	22	18	YES

Unora Revibe is a prepaid spa membership plan from Unora.

The membership can be redeemed only at your home centre.**

Pay in advance and go cashless for every booking under membership.

Memberships can be availed during Spa operational hours.

Avail 25% discount through Unora tranquillity membership at select Tattva locations.

24-hours prior appointment required.

Membership plans are not applicable on spa packages.

* Taxes extra

** Centre where membership is purchased

***Example referring to 60 minutes Swedish Massage

Number of services will change upon choosing different services

(Calculated assuming only 60 minutes Swedish massage at MRP 3200)



Radisson Blu Mumbai International Airport

Metro Station, Marol Maroshi Rd, Near Marol, Bori Colony,
Gamdevi, Marol, Andheri East, Mumbai, Maharashtra 400059
T. 022-66341234

Unora Spa is contemporary, upscale wellness brand from Tattva

Note: Please leave this menu behind at the spa for the convenience of other guests. The spa team would be happy to share a soft copy of this menu for you in case you should require. Thank you for your consideration