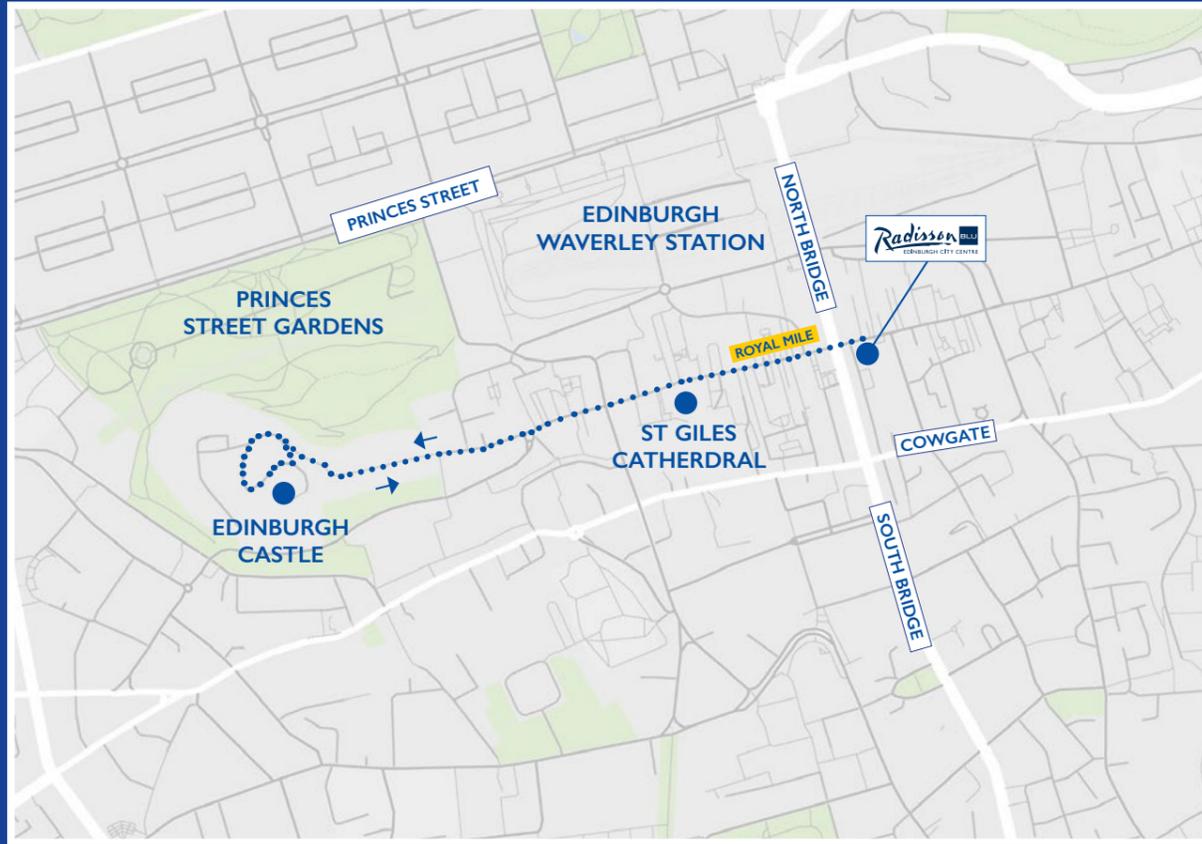

ACTIVE

RUN
EXPLORE
DISCOVER
FEEL THE DIFFERENCE

DETOURS

**RUN, EXPLORE AND DISCOVER
EDINBURGH THE BLU WAY, WITH OUR
SUGGESTED RUNNING ROUTES**



RUNNING ROUTE 1 THE ROYAL MILE

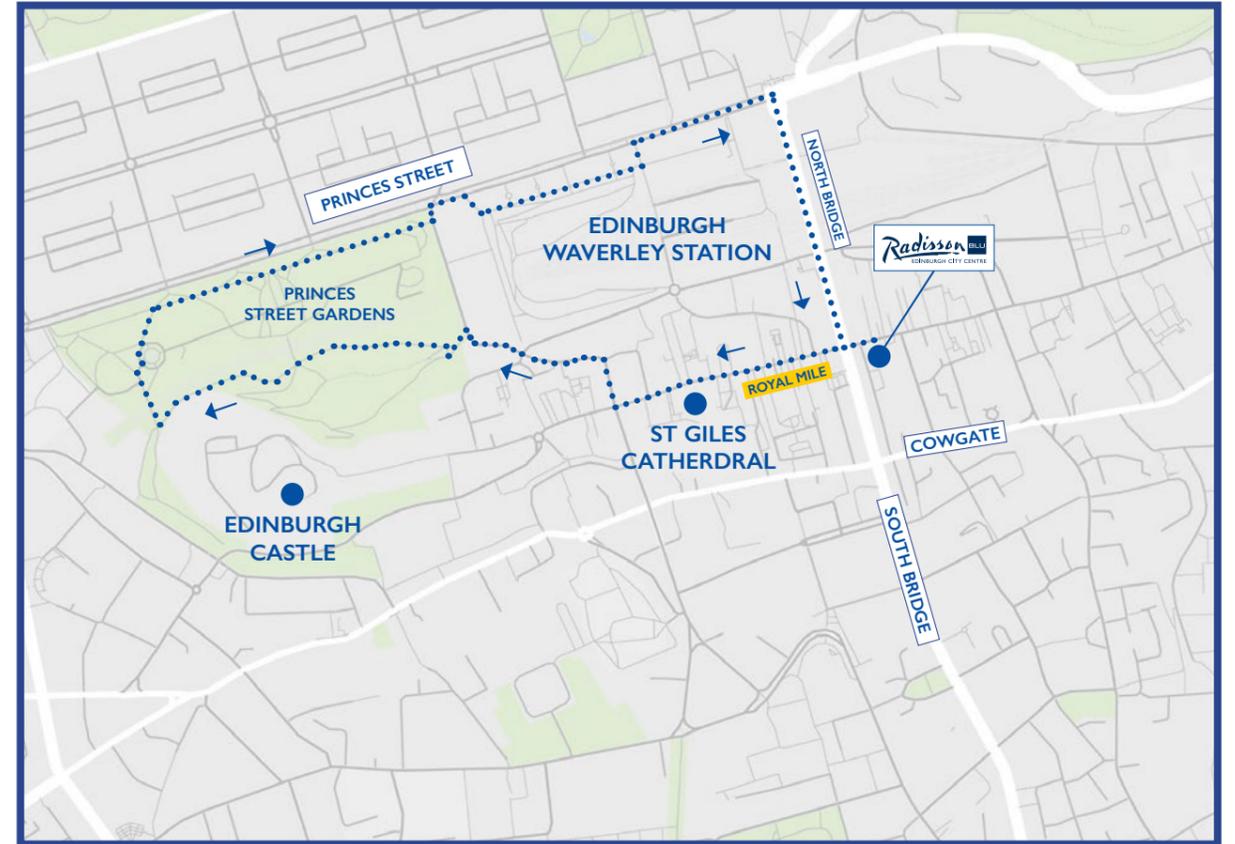
Distance: 1.5km / 0.93 miles

A run through centuries of history, on the street our hotel calls home.

You'll pass some of the cities most iconic landmarks such as St Giles Cathedral and Edinburgh Castle. With cobblestone streets, and stunning architecture to gaze upon, this short but interesting route will give you a quick workout for your body and a treat for your eyes.

DIRECTIONS:

Turn left out of the hotel, head straight up the Royal Mile, all the way to the Castle, turn around and head straight back down the way you came.



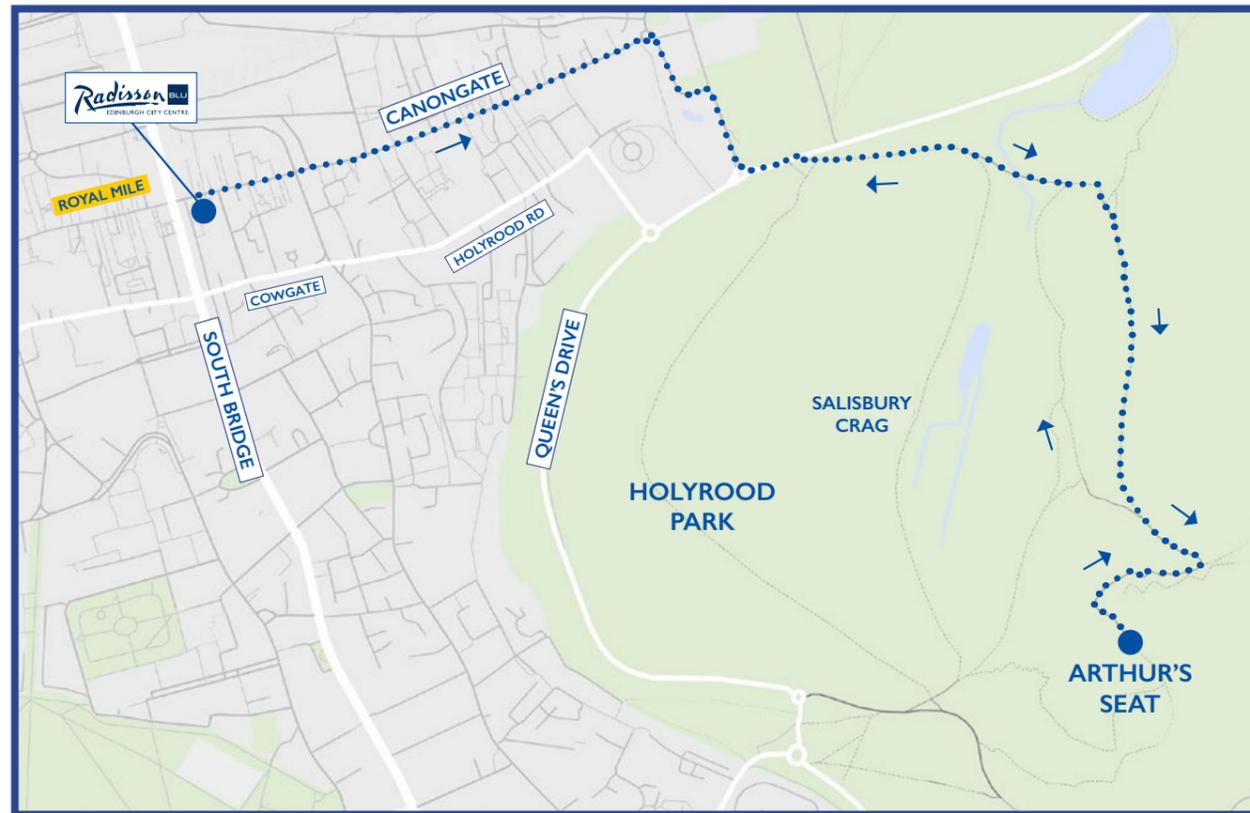
RUNNING ROUTE 2 PRINCES STREET GARDENS

Distance: 2.6km / 1.65 miles

For a run that blends nature with city life, Princes Street Gardens is just minutes from the hotel. This peaceful green space offers a refreshing escape while keeping you in the heart of Edinburgh.

DIRECTIONS:

Head out of the hotel and turn left up the Royal Mile. Turn right just after the High Courts onto Bank Street and follow this round and down. You'll then hit The Mound, where you will enter Princes Gardens. Follow this path round behind the castle hill, and across a bridge over the railway. You'll then hit Ross Fountain, continue along until you hit the top path and follow this all the way until the end. Head up onto the main street and around the Royal Scottish Academy, and then head back into Princes Gardens on the other side. Follow this all the way past the Scott Monument and back up onto the road. Turn right onto the North Bridge, continue along here until you reach the Royal Mile again bringing you out right at the hotel.



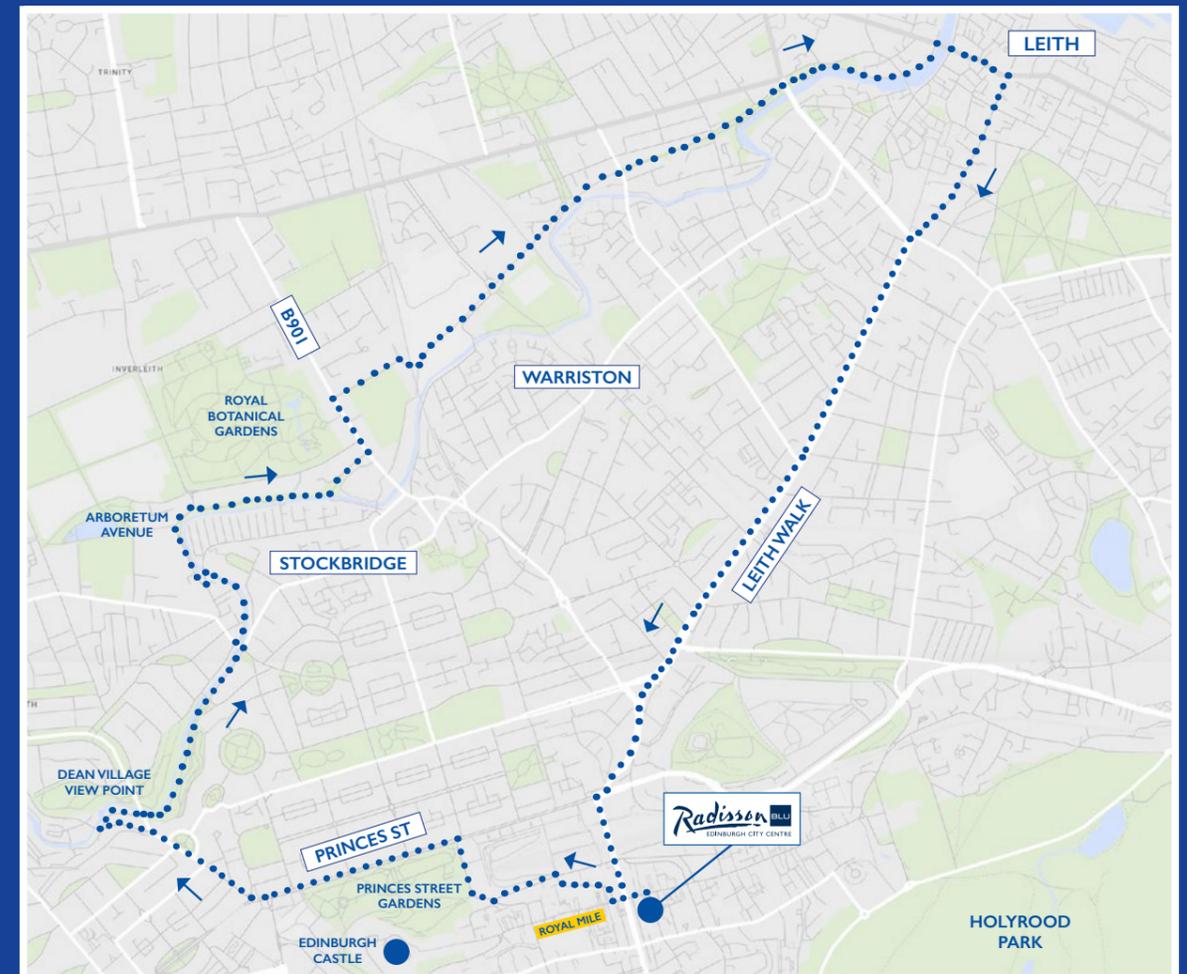
RUNNING ROUTE 3 ARTHUR'S SEAT

Distance: 6.86km / 4.25miles

Looking for a challenge? Arthur's Seat is the ultimate high-intensity route. It's a tough climb, but once you reach the top, the view is absolutely worth it. Running or walking here is a must for any active traveler.

DIRECTIONS:

Take a right out of the hotel and down Canongate all the way to the roundabout at the bottom. Turn right down Horse Wynd, Holyrood Park is on your right. Continue until you hit another roundabout, and take a left. Cross the road and head up the path. There are many routes up and across Arthur's Seat, this suggested route is a steady climb to the summit. Then once you've taken in the views, head back and return to the hotel the same way you came.



RUNNING ROUTE 4 DEAN VILLAGE & LEITH

Distance: 10.62km / 6.60 miles

For something more serene, the long yet beautiful route along Dean Village and the Water of Leith is a hidden treasure. A quiet riverside path that lets you experience a different side of Edinburgh.

DIRECTIONS:

Turn left out the hotel and head down the steep Cockburn Street. Continue down Market Street and across The Mound. Turn left down Princes Street and continue until you reach Queensferry Street, where you will turn right. Continue all the way down then bare left onto Belle's Brae. From there head down on the canal side path. Follow this path and you'll pass the Royal Botanical Gardens on your left, continue until you reach Inverleith Row where you'll turn left. Turn right again onto Eildon Street, from there head onto Warriston Path, which you'll follow until it connects you to the Water of Leith Path. Once you hit a bridge on Bernard Street, you'll follow this until you reach Leith Walk which will bring you all the way back to Edinburgh City Centre.



Share your running journey photos
and videos with us on Social media.

 Radisson Blu Hotel, Edinburgh City Centre

 @radissonbluedinburgh

F E E L T H E D I F F E R E N C E

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