


# PAUSE. BREATHE. RESTORE

## 23 DESTINATIONS. ONE PROMISE OF WELLNESS

www.soulsensesspa.ae

# Award-Winning Spa

2018 tripadvisor TRAVELERS' CHOICE®

2019 TRAVELERS' CHOICE® tripadvisor®

2020 Travelers' Choice™ Tripadvisor

2021 Travelers' Choice™ Tripadvisor

2022 Travelers' Choice™ Tripadvisor

2023 Travellers' Choice™ Tripadvisor

INTERNATIONAL SPA & BEAUTY AWARDS ★ INTERNATIONAL SPA & BEAUTY AWARDS ★ Best Hotel Spa in Dubai 2021 2021 WINNER SOUL SENSES SPA & WELLNESS

2021 WINNER INTERNATIONAL SPA & BEAUTY AWARDS 2021 WINNER

INTERNATIONAL SPA & BEAUTY AWARDS ★ INTERNATIONAL SPA & BEAUTY AWARDS ★ Best Day Spa in Dubai 2021 2021 WINNER SOUL SENSES SPA & WELLNESS

HAUTE GRANDEUR GLOBAL AWARDS 2023 WINNER SPA

fact. Spa & Wellness Awards UAE NOMINEES 2023

fact. SPA & WELLNESS AWARDS 2025 UAE NOMINEE

Luxury LIFESTYLE AWARDS — SOUL SENSES SPA & WELLNESS WINNER 2022 BEST LUXURY SPA AND WELLNESS BRAND UAE



SOUL
SENSES
SPA & WELLNESS

# Our Story

What began in 2012 as a small vision shared by two founders has grown into one of the UAE's most trusted and award-winning wellness brands. From a single spa to a multi-concept powerhouse, Soul Senses Spa & Wellness now operates across leading hotels, resorts, and lifestyle destinations.

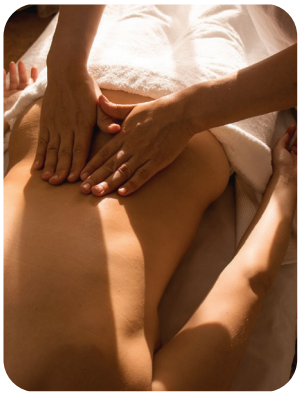
Over the years, our journey has been shaped by an unwavering commitment to exceptional service, warm hospitality, and meaningful wellness experiences. With every new opening, we expanded our expertise, strengthened our standards, and built long-term partnerships with some of the region's most iconic properties.

Today, we proudly stand as a family of 500+ employees, backed by a culture of passion and excellence. We have served over 1 million guests, earned multiple international awards, and been featured across radio channels, lifestyle magazines, Dubai-based platforms, corporate collaborations, and welcomed celebrities and public figures who trust our signature experiences.

From a passion-driven start to a celebrated wellness destination, our story is built on dedication, trust, and the belief that wellness should be a lifestyle. And this journey is only just beginning.



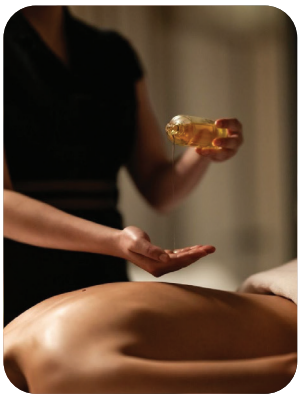
# Classic Treatments



## Swedish Massage

A timeless classic using long, flowing strokes to ease muscle soreness, improve blood circulation, and deeply relax the body and mind.

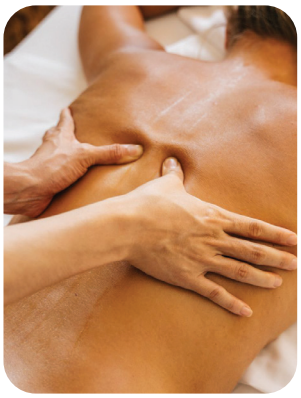
**60 mins** **Đ375**
**90 mins** **Đ550**



## Aromatherapy Massage

A calming fusion of essential oils and gentle massage techniques designed to balance your body, relax your mind, and uplift your spirit.

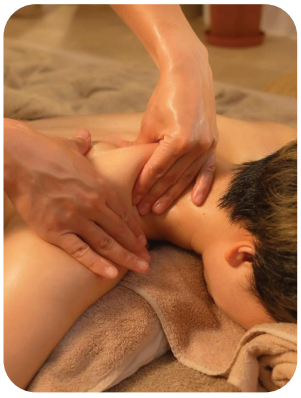
**60 mins** **Đ375**
**90 mins** **Đ550**



## Deep Tissue Massage

Targets deeper muscle layers to relieve chronic pain, muscle stiffness, and tension- perfect for athletes and active lifestyles.

**60 mins** **Đ375**
**90 mins** **Đ550**



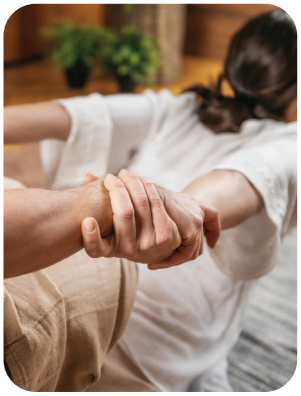
## Balinese Massage

A soothing mix of acupressure, reflexology, and aroma techniques that harmonize body, mind, and spirit for ultimate rejuvenation.

**60 mins** **Đ375**
**90 mins** **Đ550**

ALL PRICES ARE IN UAE DIRHAM AND ARE INCLUSIVE OF ALL APPLICABLE SERVICE CHARGES, LOCAL FEES, AND TAXES.
الأسعار المذكورة بالدرهم الإماراتي، وتشمل رسم الخدمة وجميع الرسوم الحكومية المحلية والضرائب.

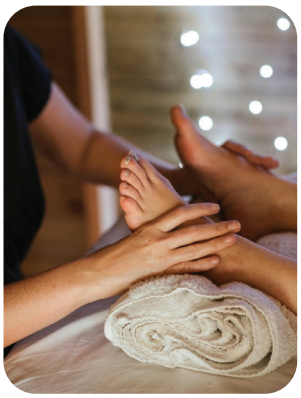
# Classic Treatments



## Thai Traditional Massage (Thai Yoga Massage)

A full-body therapy using stretching and acupressure to improve flexibility, release tension, and restore natural energy flow.

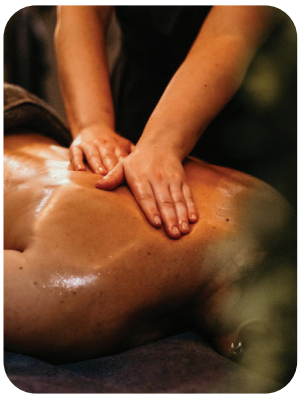
| | |
|---|---|
| 60 mins | ฿375 |
| 90 mins | ฿550 |



## Foot Reflexology

A healing foot therapy that restores balance and improves circulation through precise pressure points- leaving you refreshed and energized.

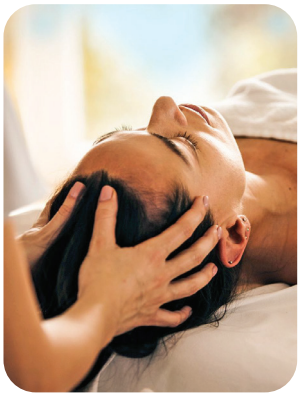
| | |
|---|---|
| 30 mins | ฿175 |
| 60 mins | ฿250 |



## Back, Neck & Shoulder Massage

Focused relief for built-up tension in your upper body. Ideal for those long hours at work or stress-induced stiffness.

| | |
|---|---|
| 30 mins | ฿200 |
| 45 mins | ฿275 |



## Hot Oil Head Massage

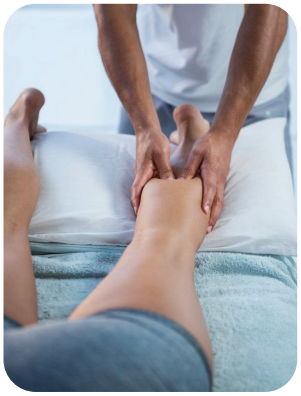
A deeply relaxing ritual that melts away tension while nourishing your scalp and senses. Perfect for relieving stress, headaches, and fatigue.

| | |
|---|---|
| 30 mins | ฿175 |

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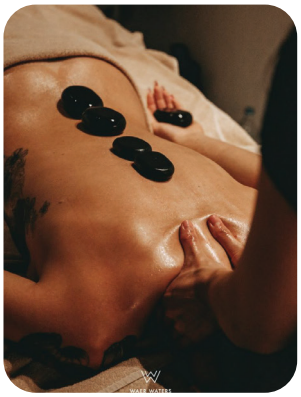
# Premium Treatments



## Sports Massage

A targeted therapy designed to relieve muscle tension, improve flexibility, and enhance performance. Ideal for active individuals seeking recovery and deep muscular relief.

| | |
|---|---|
| 60 mins | ₰450 |
| 90 mins | ₰650 |



## Hot Stone Massage

Smooth heated stones melt away deep tension, improve blood flow, and bring a profound sense of calm to body and mind.

| | |
|---|---|
| 60 mins | ₰450 |
| 90 mins | ₰650 |



## Herbal Compress Thai Ball (Bolus Massage)

An ancient herbal poultice therapy that releases stiffness, improves flexibility, and promotes holistic relaxation and recovery. muscular relief.

| | |
|---|---|
| 60 mins | ₰450 |
| 90 mins | ₰650 |



## Fusion Hot Oil Massage (Choose from Deep Tissue or Balinese)

A warm, aromatic oil massage blended with your choice of Deep Tissue or Balinese techniques. Perfect for melting tension, easing soreness, and delivering deep relaxation.

| | |
|---|---|
| 60 mins | ₰425 |
| 90 mins | ₰625 |

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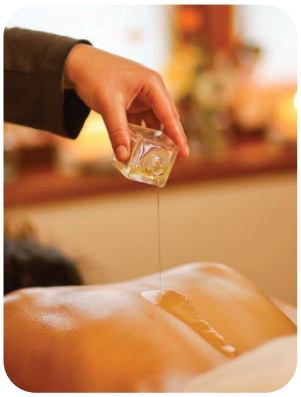
# Premium Treatments



## Soul Senses Signature Massage

A signature experience combining skilled palm and thumb pressure to ease knots and tension- tailored to restore total body harmony system, and restore vitality from within.

| | |
|---|---|
| 60 mins | ₫425 |
| 90 mins | ₫625 |



## Thai-Aroma Combination

A unique blend of Thai acupressure and aroma touch techniques that renew energy, boost immunity, and deeply relax the muscles.

| | |
|---|---|
| 60 mins | ₫425 |
| 90 mins | ₫625 |



## Hot Oil Therapy

An indulgent therapy with warm herbal oils that detoxify the body, calm the nervous system, and restore vitality from within.

| | |
|---|---|
| 60 mins | ₫425 |
| 90 mins | ₫625 |



## Full Body Moisturising Scrub

A rejuvenating exfoliation that buffs away dullness, leaving your skin soft, radiant, and naturally glowing.

| | |
|---|---|
| 45 mins | ₫375 |

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# Soul Signature
## Best Seller Packages

### Heavenly Relax

**Your wellness journey includes:**

- Welcome Drink
- Dark Chocolate
- Back, Neck & Shoulder - 30 Mins
- Foot Reflexology - 30 Mins
- Senteales Pure Escape Facial - 60 Mins

**Complimentary access to:**

Steam Sauna Pool

120 mins: Đ **599**

### Moments of Bliss (For Two People)

**Your wellness journey includes:**

- Welcome Drink
- Dark Chocolate
- Back, Neck & Shoulder - 30 Mins
- Foot Reflexology - 30 Mins
- Senteales Pure Escape Facial - 60 Mins

**Complimentary access to:**

Steam Sauna Pool

60 mins: Đ **549**

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## Sun-Soothing Ritual

**Your wellness journey includes:**

- Welcome Drink
- Dark Chocolate
- Balinese / Swedish Massage With Extra Virgin Coconut Oil - 60 Mins
- Aloe Vera Soothing Facial Mask
- Coconut Oil Head Massage - 15 Mins
- Aloe Vera Gel Application - 15 Mins

**Complimentary access to:**

Steam Sauna Pool

90 mins: ~~Đ~~ **379**

## Tranquil Oil Therapy

**Your wellness journey includes:**

- Welcome Drink
- Dark Chocolate
- Body Stretching For 15 Mins
- Swedish Or Balinese Massage For 60 Mins
- Premium Hot Oil Upgrade

**Complimentary access to:**

Steam Sauna Pool

75 mins: ~~Đ~~ **349**

## Body & Soul (For Two People)

**Your wellness journey includes:**

- Welcome Drink
- Dark Chocolate
- Hot Stone Or Sports Massage 60 Mins
- Complimentary Face Sheet Mask
- Hot Oil Head Massage - 30 Mins

**Complimentary access to:**

Steam Sauna Pool

90 mins: ~~Đ~~ **899**

## Relax & Restore

**Your wellness journey includes:**

- Welcome Drink
- Dark Chocolate
- Fusion Hot Oil Massage - 60 Mins
- Senteals Discovery Escape Facial - 30 Mins

**Complimentary access to:**

Steam Sauna Pool

90 mins: ~~Đ~~ **489**



هذه الباقات غير صالحة عند استرداد بطاقات الهدايا أو الخصومات أو القسائم.



# Royal Treatment

## The Four Hands Massage

Two therapists work in perfect sync for ultimate relaxation doubling the pressure, care, and sensory indulgence in one seamless rhythm.

**60 mins** **~~Đ~~ 600**





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# *the* REFRESH & DETOX MENU

## Complimentary Refreshments

- Ginger Lemon Tea
- Mint Tea
- Green Tea
- Black Tea
- Still Water

## Signature Wellness Drinks

AED 19

### Advance Magnesium+

Supports muscle relaxation, the nervous system, heart & bone health, plus protein synthesis in a delicious raspberry lemonade flavour.

### Collagen Glow+

Supports collagen formation, skin hydration & elasticity with marine hydrolysed collagen, turmeric, vitamin C, bilberry.

### Humantra Electrolytes

(Choose your flavour –Berry Pomegranate or Elderberry)

A plant-based, sugar-free electrolyte and antioxidant drink mix with 10 vitamins, minerals, and 100% natural ingredients. Hydrates more effectively than water alone.

SOUL SENSES
SPA & WELLNESS

PREMIUM UPGRADE

# JUST Đ29!

**FACE SHEET MASK + SCALP MASSAGE COMB**



## Pick Your Glow-up:

- Vitamin C
  Brightens Dull Skin
- Vitamin A
  Firms and Tightens Skin
- Vitamin E
  Deep Nourishment
- Collagen
  Anti-aging & Plumping



## Enjoy These Benefits:

- Stimulates Hair Growth
- Reduces Hair Fall & Thinning
- Boosts Scalp Circulation
- Light Therapy To Reactivate Dormant Hair Follicles
- Deep Nourishment For Stronger, Less Breakable Hair

WHICH OIL IS BEST FOR

# YOUR SKIN TYPE?

**UPGRADE YOUR OIL AT JUST ~~Đ~~20**

## Dry Skin

**Almond • Avocado • Coconut**
Deep Hydration & Nourishment

## Combination Skin

**Jojoba • Almond**
Hydrates Dry Spots, Controls Shine

## Oily Skin

**Jojoba • Sesame**
Balances oil & feels light

## Sensitive Skin

**Coconut • Jojoba**
Soothes & calms irritation



# SENTÉALES

PARIS

Sentéales is a premium French skincare brand inspired by the healing power of aromatherapy and botanical science. Each formula is crafted using high-performance essential oils and plant extracts, carefully selected for their purity, efficacy, and ability to harmonize the skin.

Created by skin experts in France, Sentéales treatments focus on restoring balance, radiance, and deep comfort to the complexion. Through sensorial massage techniques and aromatic blends, every ritual delivers a moment of pure well-being while visibly improving the skin's texture, clarity, and glow.

A perfect fusion of nature, science, and wellness, Sentéales offers a refined facial experience designed for both immediate results and long-term skin health.



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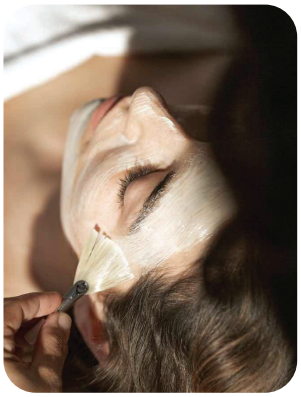
# Senteales Facial



## Pure Escape

A revitalizing deep-cleansing facial that purifies pores, refines texture, and restores your skin's natural freshness and clarity.

**60 mins** **Đ350**



## Ultimate Discovery Escape

A blissful sensory experience featuring gentle massage and botanical actives to leave your complexion smooth, radiant, and renewed.

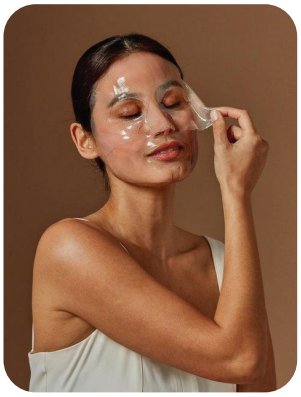
**45 mins** **Đ300**



## Discovery Escape

A quick yet indulgent facial that refreshes tired skin, awakening both your glow and your senses in perfect harmony.

**30 mins** **Đ250**



## Ocean Mask Add On

Rich in Alginates and Hyaluronic acid with its occlusive effect this peel-off mask will improve skin hydration and retain its flexibility and elasticity.

**20 mins** **Đ200**

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# BECOME A MEMBER – SAVE UPTO 70% TODAY

## Classic Spa Treatments

**Make a selection from:** Foot Reflexology | Thai Traditional Massage | Aromatherapy | Deep Tissue Massage | Balinese Massage | Swedish Massage

| MEMBERSHIP | SILVER | GOLD | PLATINUM | TITANIUM |
|---|---|---|---|---|
| NOW | Đ 2199 | Đ 3099 | Đ 3899 | Đ 5599 |
| BEFORE | 4207 | 6500 | 8755 | 13012 |
| TOTAL DURATION | 10 Hours | 15 Hours | 20 Hours | 30 Hours |
| PREMIUM OIL UPGRADES | 3 | 7 | 10 | 15 |
| FACE MASK UPGRADES | 3 | 4 | 5 | 8 |
| SCALP MASSAGER UPGRADES | 3 | 4 | 5 | 8 |
| HOT OIL UPGRADES | 3 | 7 | 10 | 15 |
| AED 150 SPA GIFT CARDS | 2 | 4 | 6 | 8 |
| FREE SPA GIFT | ✓ | ✓ | ✓ | ✓ |
| VALIDITY | 12 Months | 15 Months | 18 Months | 24 Months |
| FREE ACCESS FACILITIES | STEAM ROOM | SAUNA | POOL | |

T&C APPLY

## Premium Spa Treatments

**Make a selection from:** Facials | Body Scrub | Hot Oil Therapy | Sports Massage | Hot Stone | Thai Herbal Compress | Thai Aroma Combination & all Classic Treatments

| MEMBERSHIP | SILVER | GOLD | PLATINUM | TITANIUM |
|---|---|---|---|---|
| NOW | Đ 2399 | Đ 3399 | Đ 4299 | Đ 6199 |
| BEFORE | 4707 | 7250 | 9755 | 14512 |
| TOTAL DURATION | 10 Hours | 15 Hours | 20 Hours | 30 Hours |
| PREMIUM OIL UPGRADES | 3 | 7 | 10 | 15 |
| FACE MASK UPGRADES | 3 | 4 | 5 | 8 |
| SCALP MASSAGER UPGRADES | 3 | 4 | 5 | 8 |
| HOT OIL UPGRADES | 3 | 7 | 10 | 15 |
| AED 150 SPA GIFT CARDS | 2 | 4 | 6 | 8 |
| FREE SPA GIFT | ✓ | ✓ | ✓ | ✓ |
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RADISSON BLU HOTEL



SOUL
SENSES
SPA & WELLNESS

## ENGLISH

### SOUL THERAPY DESCRIPTIONS
### Classic Treatment List

**SWEDISH**
Mild pressure with Palm

**AROMATHERAPY**
Relaxing medium pressure

**DEEP TISSUE**
Strong Elbow pressure for deep muscles

**BALINESE**
Medium to Strong Acupressure knuckle techniques

**TRADITIONAL THAI MASSAGE**
Yoga postures Dry Massage

**BACK, NECK & SHOULDER MASSAGE**
Specific on Neck & Back

**FOOT REFLEXOLOGY**
Pressure points on feet from knee to toe

**HOT OIL HEAD MASSAGE**
Pressure points on Head

**CLASSIC COUPLE MASSAGE**
Couple Me Time relaxation

### Premium Treatment List

**HOT OIL THERAPY**
Warm therapy for relaxation of muscles with herbal oils

**THAI AROMA COMBINATION**
Yoga postures + Aroma Relaxation

**HOT STONE MASSAGE**
Heated Lava stones on muscles for blood flow

**HERBAL THAI BALL**
Heated potli with herbs to cure frozen muscles

**BODY SCRUB**
Moisturizing & exfoliates for skin

## ARABIC

### وصف أنواع العلاجات بالتدليك
### قائمة بالعلاجات الكلاسيكيّة

**التدليك السويدي:**
الضغط بقوة معتدلة باستخدام راحة اليد

**آروماثيرابي:**
الضغط بقوة معتدلة بهدف الاسترخاء

**تدليك الأنسجة العميقة:**
الضغط بقوّة باستخدام الكوع للوصول إلى الأنسجة العميقة

**التدليك البالي**
تقنيات علاج المفاصل بالإبر بقوة معتدلة إلى شديدة

**تدليك تايلاندي تقليدي**
وضعيات اليوغا + التدليك الجاف

**تدليك الظهر والرقبة والكتفين**
تدليك خاصّ بالرقبة والظهر

**تدليك القدمين**
ممارسة الضغط على الرجلين من الركبة حتى الأصابع

**تدليك فروة الرأس بالزيت الساخن**
ممارسة الضغط على الرأس

**تدليك الزوجين الكلاسيكي**
وقت للاسترخاء مُعدّ للزوجين

### قائمة بالعلاجات الاستثنائيّة والمميّزة

**العلاج بالزيت الساخن**
علاج دافئ للحرص على استرخاء العضلات باستخدام زيوت بالأعشاب

**التدليك التايلاندي والآروماثيرابي**
وضعيات اليوغا + الاسترخاء بطريقة الآروماثيرابي

**التدليك بالأحجار الساخنة**
استخدام أحجار الحمم البركانية الساخنة على العضلات لتحسين الدورة الدموية

**مزيج من التدليك التايلندي والبالي بالأعشاب**
تدليك باستخدام حصيرة بوتلي الساخنة مع الأعشاب لعلاج العضلات المشنّجة

**سكراب الجسم**
علاج لترطيب البشرة وتقشيرها



SOUL
SENSES
SPA & WELLNESS

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**BODY SCRUB**
Moisturizing & exfoliates for skin

## RUSSIAN

### ОПИСАНИЯ ТЕРАПИИ ДУШИ

Список классических процедур

**Шведский**
легкое давление ладонью

**Ароматерапия**
расслабляющее среднее давление

**Глубокие ткани**
сильное давление локтя на глубокие мышцы

**Балийский**
техника акупрессуры суставов от средней до сильной

**Традиционный тайский массаж**
позы йоги, сухой массаж

**Массаж спины, шеи и плеч**
специально для шеи и спины

**Рефлексология стопы**
точки давления на стопы от колена до пальцев ног
Массаж

**головы горячим маслом**
точки давления на голове

**Классический массаж для пары**
релаксация в паре

Список премиальных процедур

**Горячая масляная терапия**
теплая терапия для расслабления мышц с травяными маслами

**Тайская аромакомбинация**
позы йоги + аромарелаксация

**Массаж горячими камнями**
нагретые лавовые камни на мышцы для притока крови

**Травяной тайский шар –**подогретые потли с травами для лечения замороженных мышц

**Скраб для тела**
увлажняет и отшелушивает кожу



SOUL
SENSES
SPA & WELLNESS

## ENGLISH

### SOUL THERAPY DESCRIPTIONS

Classic Treatment List

**SWEDISH**
Mild pressure with Palm

**AROMATHERAPY**
Relaxing medium pressure

**DEEP TISSUE**
Strong Elbow pressure for deep muscles

**BALINESE**
Medium to Strong Acupressure knuckle techniques

**TRADITIONAL THAI MASSAGE**
Yoga postures Dry Massage

**BACK, NECK & SHOULDER MASSAGE**
Specific on Neck & Back

**FOOT REFLEXOLOGY**
Pressure points on feet from knee to toe

**HOT OIL HEAD MASSAGE**
Pressure points on Head

**CLASSIC COUPLE MASSAGE**
Couple Me Time relaxation

Premium Treatment List

**HOT OIL THERAPY**
Warm therapy for relaxation of muscles with herbal oils

**THAI AROMA COMBINATION**
Yoga postures + Aroma Relaxation

**HOT STONE MASSAGE**
Heated Lava stones on muscles for blood flow

**HERBAL THAI BALL**
Heated potli with herbs to cure frozen muscles

**BODY SCRUB**
Moisturizing & exfoliates for skin

## FRENCH

### DESCRIPTIONS DE LA THÉRAPIE PAR L'ÂME

Liste des Massages Classiques

**MASSAGE SUÉDOIS**
Légère pression avec la paume

**MASSAGE D'AROMATHÉRAPIE**
Pression moyenne relaxante

**MASSAGE MUSCULAIRE PROFOND**
Pression forte du coude pour les Muscles profonds

**MASSAGE BALINAIS**
Techniques d'acupression des articulations moyennes à fortes

**MASSAGE THAÏLANDAIS TRADITIONNEL**
Postures de yoga + Massage à sec

**MASSAGE DOS – COU – ÉPAULES**
Spécifique au cou et au dos

**RÉFLEXOLOGIE PLANTAIRE**
Points de pression sur les pieds, du genou à l'orteil

**MASSAGE CRÂNIEN AUX HUILES CHAUDES**
Points de pression sur la tête

**MASSAGE CLASSIQUE EN COUPLE**
Détente en couple

Liste des Rituels Uniques

**MASSAGE AUX HUILES CHAUDES**
Thérapie chaude pour la relaxation des muscles avec des huiles à base de plantes

**MASSAGE THAÏLANDAIS COMBINÉ À L'AROMATHÉRAPIE**
Postures de yoga + relaxation aromatique

**MASSAGE AUX PIERRES CHAUDES**
Pierres de lave chauffées sur les muscles pour favoriser la circulation sanguine

**MASSAGE THAÏLANDAIS AUX POCHONS D'HERBES**
Potli chauffé avec des herbes pour soigner les muscles spastiques

**GOMMAGE CORPS**
Hydratant et exfoliant pour la peau



## DUBAI

OASIS MALL - SHEIKH ZAYED ROAD
NH COLLECTION DUBAI THE PALM - PALM JUMEIRAH
DELTA HOTELS BY MARRIOTT - DIP
DOUBLE TREE BY HILTON - AL MANKHOOL
NOVOTEL HOTEL - HEALTHCARE CITY
GRANDEUR HOTEL - AL BARSHA
ATRIUM CENTRE - BUR DUBAI
NOVOTEL HOTEL - AL BARSHA
OAKS HOTEL - IBN BATTUTA GATE
MOVENPICK HOTEL - JUMEIRAH VILLAGE TRIANGLE
LAPITA, DUBAI PARKS & RESORTS - SHEIKH ZAYED ROAD
KHALIDIA PALACE HOTEL - DEIRA
ZABEEL HOUSE THE GREENS- SHEIKH ZAYED ROAD
ROSE RAYHAAN BY ROTANA- SHEIKH ZAYED ROAD
RADISSON BLU HOTEL - DEIRA CREEK
RENAISSANCE HOTEL - BUSINESS BAY
THE CANVAS DUBAI - MGALLERY HOTEL COLLECTION - BUR DUBAI

## ABU DHABI

MARRIOTT HOTEL - DOWNTOWN
AL MAHA ARJAAN BY ROTANA - AL DANAH
PEARL ROTANA - AL KHALEEJ AL ARABI ST
ADAGIO HOTEL - AI BUSTAN
NOVOTEL HOTEL - AI BUSTAN

## SHARJAH

PULLMAN HOTEL - AL TAAWUN ST, AL KHAN

**SOUL SENSES SPA & WELLNESS**

LUXURY WELLNESS SPA SINCE 2012

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