SPA AT



Open Daily 12:00 NN to 10:00 PM



# Our Services

Welcome to The Spa At Radisson Blu Hotel Cebu. We invite you to immerse yourself in a multi-sensorial journey that will take you to new levels of well-being. Using an innovative approach that harnesses the power of moods, we can tailor-make experiences to reach into your soul.

#### **ALGOTHERM**

Focused on skin wellness, and renowned for its expertise in marine cosmetics, Algotherm has become an internationally recognized name in the world of spa therapy.

The first brand in marine cosmetics to formulate paraben and phenoxyethanol-free products, Algotherm offers a wide range of treatments that provide unmatched beauty and well-being.

Exceptionally rich in bioactive molecules, seaweed contains vitamins, micronutrients, minerals, antioxidants, proteins, amino acids, and essential fatty acids (Omega 3, 6 and 9), this unique DNA provides powerful effects on your skin, and its special biodiversity is the cornerstone of Algotherapy.



## BODY TREATMENTS

#### Body Glow Sea Salt Scrub

Algotherm's sweet and salty body scrub mixed with seaweed marine oil to gently exfoliate skin, smoothen imperfections, encourage cellular rejuvenation, and stimulate blood circulation.

#### Skin Renewal Marine Body Scrub

Rich in minerals from Laminaria, Spirulina and Lithothamnium seaweeds, this scrub removes impurities and rids your skin of excess oils, leaving it supple and refreshed.

#### Tranquil Moment Hydrating Wrap

A marine-based gel is applied to your whole body to draw out toxins and stimulate the metabolism and cellular exchanges. Recommended for skin in need of extra hydration after intense sun exposure.

#### Rejuvenating Coffee Scrub

Coffee will help restore youthful skin, tightens skin, helps improve blood circulation, reduces cellulites, and makes the skin glow.

60 mins Php 3,250

60 mins Php 2,800

60 mins Php 3,950

60 mins Php 2,500



# REJUVENATING FACIALS

### Anti-Aging Facial

Turn back the hands of time with this anti-aging facial. Wrinkles and fine lines are reduced, firmness and elasticity are restored, and dark spots are diminished.

#### Balancing Facial

Deep pore cleansing and restoration of your skin's natural balance. Your skin is gently exfoliated and massaged before the purifying mask is applied. This is recommended for pore refinement and the regulation of sebum (oil) production.

#### Remedy Soothing Facial

A calming treatment for sensitive, reactive or irritated skin. This indulgent facial gently cleanses, exfoliates, cools, and soothes your skin.

90 mins Php 3,500

60 mins Php 3,000

60 mins Php 3,200



## SIGNATURE MASSAGES

Escape	Remedy	,
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Select your preferred massage oil from our collection, then lie back and enjoy a refreshing combination of three different massage strokes.

## Vitality Deep Tissue

Releases muscle tension by focusing on the deeper layers of muscle tissue. Slow and firm strokes help increase blood flow, and boost lymphatic circulation to assist in removing metabolic waste, toxins, and excess fluid.

#### Awakening Filipino Hilot

A traditional Filipino massage that employs soothing strokes and a healing combination of herbs and massage oil to ease body aches and tension.

#### Essential Aromatherapy

A light, calming massage using aromatic essential oils to promote circulation and restore inner harmony.

120 mins Php 3,500

90 mins Php 3,000

90 mins Php 2,800

60 mins Php 2,300



# SIGNATURE MASSAGES (continued)

#### Well-Being

From the top of your head to the tips of your toes, this soothing massage maintains an even pressure throughout for sustained relaxation. This treatment does not use any massage oil.

#### Remedy Foot

Using the ancient art of reflexology, gentle pressure is applied to areas of the feet that focus on various organs of the body. This technique increases energy levels and enhances vitality.

#### Enhancements

Specializing in both body and mind rejuvenation these can be added to any other treatment or program or enjoyed on their own, ideal as a restorative treatment after travel.

Back Massage

Core Head and Shoulders Massage

60 mins Php 1,800

60 mins Php 1,900

30 mins Php 90030 mins Php 900



# JOURNEY PACKAGES

Recover Body Glow Sea Salt Scrub, Recover Tranquil Moment Hydrating Wrap, and our Essential Aromatherapy Calming Massage. This decadent journey is completed with the Recover Youth Anti-Aging Facial.

### Blissful Retreat

Escape Remedy followed by your preferred facial treatment.

#### Refreshing Body Treat

A reinvigorating body scrub and body wrap for a revivified you.

#### Pure Harmony Treat

An exhilarating body scrub, body wrap, and Aromatherapy Body Massage to harmonize your body and mind.

#### Indulgence of Time

Bask in the soothing satisfaction of the Aromatherapy Body Massage and Facial Treatment. 240 mins Php 8,800

180 mins Php 5,500

90 mins Php 5,900

150 mins Php 6,900

120 mins Php 4,800



# JOURNEY PACKAGES (continued)

## Rejuvenate Aroma Journey

A skin-refining Body Scrub with the enhancing pleasures of the Aromatherapy Body Massage and Facial Treatment.

#### Indulgent Bliss

Indulge in relaxation bliss with a body scrub and Aromatherapy Body Massage.

### Awakening Body Treat

A re-energizing body treatment that will leave you feeling soft, supple and glowing all over. Promotes silky skin without a hint of stickiness. Awakening treatment includes coffee scrub and a 60-minute massage.

180 mins Php 6,700

120 mins Php 4,600

120 mins Php 5,000

# Unwind. Pamper. Recharge.

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