



ALBRIGHTON HALL

HOTEL & SPA

Treatment Menu

01939 291717

leisure.albrightonhall@radissonindividuals.com



Welcome

to a world of relaxation & refined luxury at Albrighton Hall Hotel & Spa.

Nestled within 15 acres of picturesque Shropshire countryside, just moments from the historic heart of Shrewsbury, our spa offers a tranquil escape from the pace of everyday life. Set within a beautiful 18th-century manor house and surrounded by serene ornamental lake views, Albrighton Hall provides the perfect setting to unwind, recharge, and indulge.

Whether you're planning a soothing solo retreat, a romantic escape, or a memorable day with friends, our spa day experiences are thoughtfully designed to restore balance to mind and body. From indulgent treatments delivered by expert therapists to relaxing time in our pool, sauna, steam room and jacuzzi, every detail is crafted to leave you feeling refreshed, revitalised, and renewed.

Discover your sanctuary at Albrighton Hall Hotel and Spa – where timeless elegance meets modern wellbeing.



Our Brand Partner



TEMPLE SPA is a luxury British skincare brand with a full top-to-toe offer of beautiful treatments from unique high performance, results driven facials to problem solving massages and sleep-inducing experiences. Born out of their love of the Mediterranean, everything they do is inspired by this special region. TEMPLESPA products combine the very best botanicals from the Med with cutting edge derma-science actives to deliver exceptional results. The utmost goal of their products is not only to delight, but to reward your skin with outstanding long-term benefits. Results driven, anti-ageing skincare with an abundance of exquisite botanicals that nature is kind enough to lend us, combined with state-of-the-art complexes. Their exclusive protocols are written and trained to include touches of excellence and care throughout, which guarantee an experience you will always remember and very importantly deliver results.



Scan the
QR code
to book now



Spa Day Packages

To enjoy that 'Spa feeling' for as long as possible, why don't you indulge in one of our Spa packages?

Slip into your robes and slippers and enjoy our stunning Spa facilities including sauna, steam room, experience showers, Jacuzzi, and heated swimming pool as well as plenty of time to unwind and chill out in our relaxation areas. In the setting of our beautiful hotel grounds, you can truly feel you are getting away from it all, for as long as possible!

Simply Thermal Tease Spa Access

Available all day

Monday to Thursday From £35

Friday to Sunday From £40

Enjoy half day spa facilities with robes & slippers

The 1630 Refresh mini Escape

Available all day

Monday to Thursday From £70

Friday to Sunday From £80

Choose one of our indulgent 25-minute treatments. Relax and use the Spa facilities in the morning or afternoon, light refreshments, £10 Skin care voucher

The Shropshire Garden Retreat

Available all day

Monday to Thursday From £100

Friday to Sunday From £110

Choose one of our indulgent 50-minute treatments. Relax and use the Spa facilities for either the morning or afternoon. Light refreshments, £10 skin care voucher and a delicious light lunch.

The Albrighton Indulgence Package

Available all day

Monday to Thursday From £155

Friday to Sunday From £165

Choose two of our indulgent 50-minute treatments. Relax and use the Spa facilities throughout the day, light refreshments, £10 skin care voucher and full afternoon tea and a glass of prosecco.

25 minute treatments:

- mini my kinda skin
- scalp massage
- i'll be back – a facial for the back
- aaahhh! leg & foot energiser

50 minute treatments:

- The body detox purify & balance body treatment
- My kinda skin bespoke prescription facial
- The outer glow body exfoliation
- Back to life – purifying & invigorating back treatment
- New beginnings mummy to be massage



Facial Treatments

Mini My Kinda Skin

£55 | 25 minutes

Looking for results, like now? This revitalising facial includes a deep power cleanse, nutritious clay mask, lymph drainage techniques for rapid turnaround topped off with a wake-up scalp massage. Quick, go!

My Kinda Skin Bespoke Prescription Facial

£85 | 50 minutes

Let us analyse your skin and prepare a tailored treatment just for you. Your facial includes a tailored face & décolleté massage plus a relaxing scalp massage. You will feel amazing and your skin will look so, so good.

Repose Indulgent Wellbeing Aromatherapy Facial

£100 | 70 minutes

This aromatherapy facial is an indulgent, 70-minute treatment designed to soothe, calm, and hydrate the skin while promoting deep relaxation for the mind and body.



Champagne & Truffles Radiance Facial

£95 / £125 | 50/80 minutes

A luxury facial that combines our Award-Winning truffle skincare with our specialist lifting massage techniques that together iron out deep lines and wrinkles, help to strengthen muscle tone and reduce puffiness. You will have something to celebrate.

The 80-minute version includes an exquisite cooling alginate mask and rose quartz massage therapy. Add a glass of fizz and a delicious chocolate truffle to complete the luxury and help you relax.



Body Treatments



Aaahhh! Leg & Foot Energiser

£55 | 25 minutes

This oh-so-good treatment is instant relief for tired, overworked legs & feet. Begins with skin brushing, to help eliminate excess fluids, followed by a warm oil massage and an invigorating foot rub! Wonderful add-on to another treatment.

The Outer Glow Body Exfoliation

£85 | 50 minutes

An invigorating and refreshing all-over exfoliation treatment that leaves skin soft, revitalised and hydrated. The perfect way to begin another body treatment and an absolute must before you commence your vacation or special event. Off you glow!

The Body Detox Purify & Balance Body Treatment

£85 | 50 minutes

This heavenly treatment starts with lymphatic body-brushing, then warm vitamin and mineral rich purifying mud is smoothed all over the body. Once cocooned in this cosy wrap, you will relax with a glorious scalp massage. Wallowing in mud never felt soooo good!



Back To Life – Purifying & Invigorating Back Treatment

£85 | 50 minutes

This invigorating treat includes an exfoliation scrub, a deep cleanse with warm purifying mud followed by a stimulating massage. Leaves you with a back to be proud of!

My Kinda Mood - Facial & Body Massage

£140 | 110 minutes

Not sure what you'd like? Then this is the ideal treatment. First we help you choose the aromatherapy fragrance to match your mood. Then we'll take care of you with a wonderfully relaxing and restorative full body massage, followed by an indulgent facial. Products and techniques will be bespoke to your wants and needs. Look, feel and smell oh so good.

Massage Treatments

Mediterranean Back Neck & Shoulder Massage

£50 | 25 minutes

This deeply relaxing back & Shoulder massage is perfect when time is at the essence, we always recommend our 'Drift Away full body massage' to feel total wellbeing!

Full Body Massage

£90/£120 | 50/80 minutes

This deeply relaxing top-to-toe massage, formulated with a dreamy blend of Mediterranean essential oils including Frankincense, Lavender, and Patchouli, is guaranteed to have you drifting away. Upgrade your experience to 80 minutes to include a signature face and scalp massage using our aromatherapy resting cream REPOSE. This is the perfect treatment to soothe and calm frazzled nerves and wind down an active mind; tension and stress simply melts away.....zzzz!!!!

Rejuvenating Ritual Massage Treatment

£90 | 50 minutes

Revitalize and rebalance with this back, neck and shoulder massage combined with an energizing facial experience. Bringing together the benefits of all treatment types, you will leave recharged with radiant skin and a sense of pure relaxation.

Work it out Massage Detoxing / Muscle Workout Massage

£100 | 50 minutes

A detoxifying, deep tissue massage that relieves fluid retention and works out tired, aching muscles. Using the ingenious WORK IT OUT detox massage oil including essential oils of Juniper, Lavender and Cypress. We begin with full body brushing to stimulate the circulation to improve lymph drainage. Then we perform a deep tissue, body boosting massage with muscle fitness techniques and movements to really give your muscles a work out – working on knots, tensions, and tightness to help the detox process. Detox-licious!

Rocks of the Mediterranean Hot Stone Massage

£120 | 70 minutes

This popular Thermal Stone massage is a glorious treatment using warm basalt stones to massage the body from head-to-toe. This wonderfully, warming treatment works on energy points located throughout the body to rebalance and harmonise. The muscles are relaxed and rejuvenated in a sensation totally unique to hot stone massage. This all-encompassing treatment is an experience you just must have at least once in your life. Simply heavenly!



New Beginnings Mummy To Be Massage

£100 | 65 minutes

Pregnancy is a most wonderful time that requires treatments specially designed for you. You will enjoy a full body massage, without the need to lie on your tummy. Our specially trained therapists know exactly how to work those sore, tired, and aching muscles while you feel completely comfortable and relaxed. The treatment is complete with a face and scalp massage leaving your skin feeling baby soft all over. You never know, your little bambino might enjoy the sense of calm too!

Treatment Enhancers

Why not enhance your chosen treatment with one of these

£20 | 15 minutes

- Stressed Out? hot stone neck & shoulder treatment
- Head feel heavy & uptight? Hot oil scalp massage
- Hand ritual
- Foot ritual
- Replenising eye ritual

Information

Cancellation Policy

- We require a minimum of 48 hours' notice to transfer or refund your booking, under this 100% of the booking value is chargeable.
- Group Bookings: We require 14 day notice to cancel groups of 6 people or more. Any bookings cancelled with less than 14 days notice will incur a 100% cancellation charge.
- All promotional offers are non-refundable or transferable.
- Children 17 years and under are not permitted to use the treatment and relaxation rooms unless booked into a specific treatment with an adult that is also receiving a treatment in the same treatment room.
- Children under 16 are not permitted to use the sauna, steam room or spa baths.



Terms & Conditions

- Albrighton hotel & Spa reserves the right to alter your treatment times if necessary.
- Please note that treatment time includes medical consultation, set up and your chosen treatment.
- We request that mobile phones, tablets and pagers are kept on silent or switched off in the spa. We are happy to relay any messages via the Spa reception.
- No photography is permitted in the changing areas and/or on poolside.
- You may be required to remove jewellery for treatments; we advise that you choose to leave jewellery at home.
- Albrighton Hall Hotel or 3d leisure will not be liable, under any circumstances whatsoever, for damage, injury or consequential loss, however caused, to our customers, their property and belongings unless it is solely due to the negligence of the Company, its employees or agents.
- Offers cannot be used in conjunction with one another and are subject to availability.
- We advise guests to consider insurance to cover the cancellation of their spa treatments/spa day.
- Please note guests suffering from any heart conditions, high blood pressure or are pregnant will be unable to use any of our heat experiences.



radissonhotels.com/en-us/hotels/radisson-individuals-spa-albrighton-shrewsbury/fitness-wellness